

Wansfell Day 1 (Bad Weather)

All controls must be visited in the order given

Distance: 14.8 km Climb: 950 m

	Code	Grid Ref	Description
Start		270 062	
1	113	267 089	Small Hill Top
2	145	254 079	Reentrant
3	155	238 053	Crag (8m high), north foot
If you reach 155 after 17:15 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
4	124	231 023	Summit Cairn
5	127	237 022	Hill Top
6	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Wansfell Day 2

All controls must be visited in the order given

Distance: 12 km Climb: 750 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	153	238 039	Boulder (4m high), north side	
2	155	238 053	Crag (8m high), north foot	
3	139	248 059	Pond, west side	13:15
4	102	250 042	Pond, west side	14:15
5	101	262 036	Northern Cairn	15:00
6	125	266 046	Hill Top	
7	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Bedafell Day 1 (Bad Weather)

All controls must be visited in the order given

Distance: 14.7 km Climb: 1000 m

	Code	Grid Ref	Description
Start		270 062	
1	132	271 090	Stream Junction
2	138	260 088	Reentrant
3	155	238 053	Crag (8m high), north foot
4	153	238 039	Boulder (4m high), north side
If you reach 153 after 18:00 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
5	124	231 023	Summit Cairn
6	127	237 022	Hill Top
7	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Bedafell Day 2

All controls must be visited in the order given

Distance: 10.6 km Climb: 800 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	130	241 028	Stile, west side	
2	131	248 033	Hill Top	
3	101	262 036	Northern Cairn	12:45
4	139	248 059	Pond, west side	15:00
5	152	258 060	Pond, north side	15:15
6	143	273 057	Ruined Wall, southeast end	
7	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Harter Fell Day 1 (Bad Weather)

All controls must be visited in the order given

Distance: 18.7 km Climb: 1150 m

	Code	Grid Ref	Description
Start		270 062	
1	149	268 079	Western Stream
2	150	291 094	Stream Junction
3	141	275 100	Stream Junction
4	145	254 079	Reentrant
If you reach 145 after 16:15 you are unlikely to finish before courses close. Consider retiring straight to the event centre or overnight camp.			
5	153	238 039	Boulder (4m high), north side
6	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Harter Fell Day 2

All controls must be visited in the order given

Distance: 13.1 km Climb: 1000 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	156	261 010	Southern Stream Bend	
2	157	269 016	Spur Top	
3	133	272 036	Hill Top	12:45
4	134	251 033	Marsh, west side	14:15
5	152	258 060	Pond, north side	15:30
6	143	273 057	Ruined Wall, southeast end	
7	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Carrock Fell Day 1 (Bad Weather)

All controls must be visited in the order given

Distance: 20.4 km Climb: 1400 m

	Code	Grid Ref	Description
Start		270 062	
1	136	268 085	Stream Junction
2	146	293 076	Stream Junction
3	150	291 094	Stream Junction
4	132	271 090	Stream Junction
5	145	254 079	Reentrant
If you reach 145 after 17:45 you are unlikely to finish before courses close. Consider retiring straight to the event centre or overnight camp.			
6	153	238 039	Boulder (4m high), north side
7	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Carrock Fell Day 2

All controls must be visited in the order given

Distance: 16 km Climb: 1100 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	106	230 027	Hill Top	
2	114	236 067	Hill Top	
3	118	230 078	Hill Top, southwest part	13:30
4	140	241 093	Tarn, east side	14:00
5	138	260 088	Reentrant	15:00
6	144	259 071	Hill Top	15:30
7	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Kirkfell Day 1 (Bad Weather)

All controls must be visited in the order given

Distance: 23 km Climb: 1500 m

	Code	Grid Ref	Description
Start		270 062	
1	148	263 081	Hill Top
2	146	293 076	Stream Junction
3	110	297 095	Between Hills
4	137	271 102	Hill Top
If you reach 137 after 15:30 you are unlikely to finish before courses close. Consider retiring straight to the event centre or overnight camp.			
5	114	236 067	Hill Top
6	153	238 039	Boulder (4m high), north side
7	127	237 022	Hill Top
8	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Kirkfell Day 2

All controls must be visited in the order given

Distance: 17 km Climb: 1350 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	115	266 998	Southern Stream Junction	
2	117	282 001	Boulder (2m high), west side	
3	103	280 035	Stream Junction	13:30
4	101	262 036	Northern Cairn	14:30
5	128	255 067	Spur Top	15:30
6	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Scafell Day 1 (Bad Weather)

All controls must be visited in the order given

Distance: 26.5 km Climb: 2100 m

	Code	Grid Ref	Description
Start		270 062	
1	148	263 081	Hill Top
2	129	298 091	Sheepfold, northwest corner (outside)
3	135	297 104	Tarn, northwest side
4	140	241 093	Tarn, east side
If you reach 140 after 16:00 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
5	108	226 095	Reentrant
6	107	220 084	Pond, south side
7	114	236 067	Hill Top
8	155	238 053	Crag (8m high), north foot
9	106	230 027	Hill Top
10	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Scafell Day 2

All controls must be visited in the order given

Distance: 22.2 km Climb: 1650 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	115	266 998	Southern Stream Junction	
2	117	282 001	Boulder (2m high), west side	
3	119	285 038	Pond, south side	12:45
4	131	248 033	Hill Top	14:00
5	145	254 079	Reentrant	15:30
6	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Fairfield (both days)

Visit controls in any order to collect as many points as possible over two days.

Do not visit a control more than once (only the first visit will count).

TIME LIMITS, LATENESS PENALTIES AND COURSE CLOSING TIMES ARE ON THE MAP.

DAY 2 CONTROL CLOSING TIMES: All controls close at 14:30 but those far distant from the finish may be collected earlier.

Code	Grid Ref	Description	Points
Day 1 Start	270 062		
Day 2 Start	245 016		
101	262 036	Northern Cairn	20
102	250 042	Pond, west side	20
103	280 035	Stream Junction	20
105	239 015	Path	5
106	230 027	Hill Top	20
107	220 084	Pond, south side	40
108	226 095	Reentrant	30
109	242 111	Hill Top	45
111	229 059	Hill Top	15
113	267 089	Small Hill Top	10
114	236 067	Hill Top	25
115	266 998	Southern Stream Junction	40
116	213 111	Stream Junction	60
117	282 001	Boulder (2m high), west side	45
118	230 078	Hill Top, southwest part	20
119	285 038	Pond, south side	25
122	280 021	Spur Top	20
123	236 046	Boulder (2m high), top	10
125	266 046	Hill Top	10
127	237 022	Hill Top	15
128	255 067	Spur Top	30
129	298 091	Sheepfold, northwest corner (outside)	25
131	248 033	Hill Top	20
133	272 036	Hill Top	15
135	297 104	Tarn, northwest side	30

Code	Grid Ref	Description	Points
136	268 085	Stream Junction	15
137	271 102	Hill Top	15
138	260 088	Reentrant	15
139	248 059	Pond, west side	25
140	241 093	Tarn, east side	20
141	275 100	Stream Junction	10
142	236 092	Hill Top	20
143	273 057	Ruined Wall, southeast end	5
144	259 071	Hill Top	10
145	254 079	Reentrant	25
146	293 076	Stream Junction	30
147	293 114	Stream Source	50
148	263 081	Hill Top	15
149	268 079	Western Stream	10
150	291 094	Stream Junction	20
151	224 112	Hill Top	30
152	258 060	Pond, north side	10
153	238 039	Boulder (4m high), north side	10
154	234 029	Pond, west side	10
155	238 053	Crag (8m high), north foot	15
156	261 010	Southern Stream Bend	20
157	269 016	Spur Top	20
Day 1 Finish	240 012		
Day 2 Finish	275 059		

Holme Fell Day 2

All controls must be visited in the order given

Distance: 9.2 km Climb: 600 m

	Code	Grid Ref	Description	Closing Time
Start		245 016		
1	153	238 039	Boulder (4m high), north side	
2	155	238 053	Crag (8m high), north foot	12:00
3	139	248 059	Pond, west side	14:15
4	152	258 060	Pond, north side	15:00
5	143	273 057	Ruined Wall, southeast end	
6	104	273 060	Gate, west side	
Finish		275 059		

Course closes at 16:00 hours

YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Wansfell Day 1 (Full Length Original)

All controls must be visited in the order given

Distance: 18 km Climb: 1150 m

	Code	Grid Ref	Description
Start		270 062	
1	126	263 068	Path/Stream Crossing
2	113	267 089	Small Hill Top
3	112	238 090	Shallow Reentrant
4	120	228 079	Stream Bend
If you reach 120 after 16:30 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
5	121	229 050	Crag (20m high), southeast foot
6	123	236 046	Boulder (2m high), top
7	124	231 023	Summit Cairn
8	127	237 022	Hill Top
9	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Bedafell Day 1 (Full Length Original)

All controls must be visited in the order given

Distance: 18.4 km Climb: 1200 m

	Code	Grid Ref	Description
Start		270 062	
1	126	263 068	Path/Stream Crossing
2	132	271 090	Stream Junction
3	140	241 093	Tarn, east side
4	114	236 067	Hill Top
If you reach 114 after 17:15 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
5	111	229 059	Hill Top
6	124	231 023	Summit Cairn
7	127	237 022	Hill Top
8	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Harter Fell Day 1 (Full Length Original)

All controls must be visited in the order given

Distance: 19.9 km Climb: 1500 m

	Code	Grid Ref	Description
Start		270 062	
1	149	268 079	Western Stream
2	150	291 094	Stream Junction
3	141	275 100	Stream Junction
4	140	241 093	Tarn, east side
If you reach 140 after 16:30 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
5	153	238 039	Boulder (4m high), north side
6	154	234 029	Pond, west side
7	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Carrock Fell Day 1 (Full Length Original)

All controls must be visited in the order given

Distance: 23 km Climb: 1600 m

	Code	Grid Ref	Description
Start		270 062	
1	136	268 085	Stream Junction
2	146	293 076	Stream Junction
3	135	297 104	Tarn, northwest side
4	137	271 102	Hill Top
5	145	254 079	Reentrant
If you reach 145 after 16:45 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
6	131	248 033	Hill Top
7	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Kirkfell Day 1 (Full Length Original)

All controls must be visited in the order given

Distance: 26 km Climb: 1950 m

	Code	Grid Ref	Description
Start		270 062	
1	148	263 081	Hill Top
2	146	293 076	Stream Junction
3	110	297 095	Between Hills
4	137	271 102	Hill Top
5	142	236 092	Hill Top
If you reach 142 after 16:30 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
6	107	220 084	Pond, south side
7	111	229 059	Hill Top
8	127	237 022	Hill Top
9	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING

Scafell Day 1 (Full Length Original)

All controls must be visited in the order given

Distance: 31.8 km Climb: 2750 m

	Code	Grid Ref	Description
Start		270 062	
1	148	263 081	Hill Top
2	129	298 091	Sheepfold, northwest corner (outside)
3	147	293 114	Stream Source
4	109	242 111	Hill Top
If you reach 109 after 15:00 you are unlikely to finish before courses close. Consider retiring straight to the overnight camp or event centre.			
5	116	213 111	Stream Junction
6	108	226 095	Reentrant
7	107	220 084	Pond, south side
8	111	229 059	Hill Top
9	106	230 027	Hill Top
10	105	239 015	Path
Finish		240 012	

Course closes at 20:00 hours
YOU MUST BE BACK BEFORE THEN EVEN IF IT MEANS RETIRING