

25th

Saunders Lakeland Mountain Marathon

RESULTS

5th/6th July 2003
The Helvellyn
Range



PLEASE KEEP THE COUNTRYSIDE TIDY

**Saunders Lakeland
Mountain Marathon 2003**

Scale 1:40 000
Contours 15m



- Main road (terrace)
- Minor road (terrace, unpaved)
- Track or forest road
- Footpath or old track
- Intermittent path
- Building, ruin, structure
- Maintained wall or fence
- Boundary remains
- Public fountain, well

Contour (1 km interval)
 Inside contour (750 m interval)
 Auxiliary contour
 Scattered rock and boulders
 Predominantly rocky ground
 Major erag. large boulder
 O.S. big pillar, large cairn
 Spot height (from air survey)
 Mine

Lakes, small farm, pond	
River, landscape	
Wides stream	
Narrow stream	
Post hole	
Marble ground	
Public telephone, Car park	
Youth hostel, Information	
Cashew oil, Computer	
Improved pasture	
Plough pasture	
Field or woodland	
Open forest or woodland	
Dance playgroup	
New plantation	
Forest site or woodland	
Swampland	
Prehistoric park	
Old of house	

THE REPRODUCTION OF A GOOD, BEAUTIFUL, OR INSPIRING IS AN OFFENSE OF THE COMMERCE OF A NATION OF MEN.

On mapping, only, north walls and fences are shown. For boundary only the dotted boundary line is shown in yellow.

Magdalen north is
2.8" west of and
north is N22
crossing
by about 1"
in 8 years

This map is an extract from HARVEY Labour
Cardinal which was compiled from original
photogrammetric and hand surveys.
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punch here if s.i. fails

[illegible]



Photo: Pete White



Photo: Diana Gravina

BACK ON TRACK

This comment not unreasonably describes the S.L.M.M. for the year 2003. Our teams have remained intact, and again they have presented us with the superb venue that is the Helvellyn Range.

It was a pleasing experience to be in the presence of, and to enjoy the now familiarity of all those exhaustingly contented faces, who without exception were relaxed in that most delightful setting of the overnight camp.

So! – Again my thanks to Charlotte Webb, Martin Bagness, Alan Stiling + Wilf - together with their dedicated and most appreciated teams, also to my daughter "Carolyn" for their superb contribution that continues to ensure the success of the S.L.M.M. year after year after year.

May I also thank those of you who were kind enough to send me your comments plus photographs that were taken during the event? If there are those of you who have photographs to spare, please let me have them in time for next year's venue booklet.

I would like to thank Pete White, Jackie Astley and those Reading Joggers for sharing their experiences of the week-end with us. I feel sure that your perusal of those experiences will ferment a touch of nostalgia? And to offer valuable insight to those newcomers who seek knowledge of the event.

Now, and most importantly, may I thank all of you for participating in the S.L.M.M. - this year was a little more challenging than last, but that's life! I hope that you found it to be both enjoyable and rewarding; I look forward to your participation next year.

Robert Saunders

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Saunders Mountain Marathon 2003

by Jackie Astley



On the 4th July 2003 some 8 intrepid Reading Joggers took their annual leave from their nice safe houses and ventured up into the wilds of Cumbria to participate in an event, which some people of an unbalanced mind call enjoyable. I grant you it is character building, uncomfortable, bone aching tiring, dirty, smelly >> unwashed people in confined spaces but with some spectacular views when the mist lifts, often wet and very very high. If that translates to enjoyable then it is.

To start at the beginning, I have participated in the Saunders 3 times before, and one would have thought I would have been prepared in advance for this emotional overload. However they tell me it's like childbirth you forget the pain after a while and remember the good bits, the Saunders is exactly like that, you remember the feeling of achievement and exhilaration, but then it comes flooding back in an avalanche (not an appropriate phrase I feel). Achievement was only a part of it, the over whelming relief its all over was closely followed by exhilaration that you do not need to climb another mountain today and you have survived.

When Kathy Tytler was chatting to me one day saying she was disappointed because she might not be able to find a partner to do the Saunders with, I jumped at the chance, I would like to do which needed preparation for example should one lead with the right or left foot followed by a noisier exhalation as the chosen foot eventually found the earth. Chatter also became intermittent although not terminated at this point. Becoming steeper still the chatter ceased as concentration was required to keep breathing as a sharp intake of breathe held for a moment too long could result in oxygen starvation and so exhalation was noisier as we remembered to breathe out and this also meant so we could all hear each other quite an advantage in the mist.

On and on we trudged and eventually we came to the half way campsite, there was small choice of site as there were a lot of people already finished but we were within the time limit and Eeky thump! Luxury>showers, plus a caravan who sold tea, coffee, bacon rolls etc. Up the tent went and we fed and watered ourselves and socialized. In the tent I climbed towards lights out and Kathy went off to the convenience, I kept looking at the zips and the tent a few inches from my nose, and then Bang! I was outside putting my mattress and sleeping bag in my survival bag. It's under the stars for me. Kathy was sympathetic and offered to sleep with the door open but no! This is my phobia no need for you to be compromised I said and meant it but she reasoned people will think we've argued. What a relief for me outside I slept brilliantly

once settled in a nice little hollow next to the tent.

Next day dawn came at the right time, this time and not late like after Friday night's sleepless ramblings and I went and had coffee and a bacon roll whilst Kathy had tea and we got our route marked from these numbers! and confidently we all thought we could do this! Off we set quite jauntily I thought.

Along the first path, breathing normal, up the first mountain we went through the whole range of breathing just to remind ourselves we hadn't forgotten the techniques. Checkpoint 2 & 3 took a while but we got there. I say "we" I claim no actual responsibility for this. After this it got a bit tricky involving a whole range of breathing techniques previously unexplored from little whimpering breathes, air sucked in through teeth as yet again the boots banged the toes in the down hill, suck in -hold- suck in some more - whimper - exhale>> that particular technique needed a lot of practice. Inhale-whoeeze-rattle-exhale. Exhale-sharp in take-quick exhale often done in sets of 6. Harmonized breathing especially when scaling upwards on ledges 6 inches wide whilst clinging like a limpet mind to a clump of grass and listening to instruction from John like "that's right keep coming" just round the corner. How many times did I hear that phrase? At one stage I looked at Judy imploring "we don't really have to go to the top Do we?" I whispered, luckily her nurses training took over, never tell the patient the whole story "well" she said falteringly "maybe not quite to the top". It was all the way to the top and then some.

During Sunday apart from an enviable repertoire of breathing techniques I also found emotion in myself that hadn't been exercised for a while, despair > will this ever end. Gratitude > thank god I got up that one in one piece, Anger> How could I have been so stupid to do this without more training. Resilience> one last effort and I can stop. Weepy> if I can't see anyone in a minute I shall cry>> possibly a girlie thing. Hopelessness>> I cannot possibly go another step. Panic>> I will never get down and I shall have to be air lifted down.

After all this we did make it down in one piece. What a welcome sight the Peters Warner and White were who had waited h-o-u-r-s rushed to congratulate us. A sense of achievement I'll say I drove back some barriers and demons this weekend and came through with no lasting damage. Kathy kept her sense of adventure and cheerfulness in severe adversity with me as a handicap. John and Judy finished well within the time and Kathy and I were also within the time but were a little closer to the limit.

After a meal and a rest did the Saunders take on a different slant you might well ask - well I have learnt never say never.

THE 25TH SAUNDERS LAKELAND MOUNTAIN MARATHON RESULTS

KLETS

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	125	TIM HIGGINSBOTTOM	M	5:03:16	1	3:00:16	1	8:03:32
2	117	IFOR POWELL	M	5:10:42	2	3:18:36	3	8:29:18
3	102	NIGEL BUNN	M	5:20:37	3	3:09:39	2	8:30:16
4	641	PHIL CLARKE	MV	5:21:52	4	3:29:55	5	8:51:47
5	112	KENNY LEITCH	M	5:25:38	5	3:29:13	4	8:54:51
6	122	JEREMY WORMINGTON	M	6:34:16	7	3:42:05	7	10:16:21
7	124	RICK ANSELL	M	6:58:10	8	3:41:33	6	10:37:43
8	121	YIANNIS TRIDIMAS	MV	6:58:24	9	3:45:07	8	10:41:31
9	333	PAUL FIGG	M	7:05:18	12	3:45:51	9	10:51:09
10	107	TREVOR DIBBEN	MV	6:59:45	11	3:55:59	11	10:55:44
11	120	RICHARD TOWNSEND	M	7:20:22	13	3:45:59	10	11:06:21
12	123	ANDREW SUTTON	M	6:59:22	10	4:13:10	14	11:12:32
13	101	ALAN BILLINGTON	M	7:45:41	16	4:02:21	12	11:48:02
14	119	ROY SMALL	MV	7:42:15	14	4:12:22	13	11:54:37
15	103	OLLY BURROWS	MV	7:56:47	17	4:30:59	16	12:28:46
16	110	ANDY HICKS	MV	7:44:37	15	4:47:55	15	12:32:32
17	118	KEVIN SAVILLE	M	8:11:13	19	5:08:23	22	13:19:36
18	108	NEIL GASCOYNE	M	8:49:58	21	4:48:00	19	13:37:58
19	105	ROD DALITZ	MV	8:09:45	18	5:48:44	24	13:58:29
20	809	BOB DREDGE	MV	9:09:55	22	4:52:39	20	14:02:34
21	116	JOHN OWEN	M	9:29:46	23	4:52:44	21	14:22:30
22	113	SIMON MILLIGAN	MV	9:58:55	24	4:27:18	15	14:26:13
23	11	RAY MAYNARD	MV	10:04:52	25	4:38:08	17	14:43:00
24	114	MAURICE MUSSON	MV	10:13:10	26	5:08:49	23	15:21:59
	125	STEPHEN PYKE	M	6:09:47	6	mp		
	643	TIM AUSTIN	M	mp		dns		

SCAFELL

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	111	JOHN KEWLEY/BRENDAN BOLLAND	M	5:55:22	1	3:22:30	3	9:17:52
2	4	CRISPIN FLOWER/DAMON RODWELL	M	6:15:30	2	3:22:11	2	9:37:41
3	16	PATRICK WOODDISSE/KEVIN MURPHY	M	6:29:13	5	3:09:27	1	9:38:40
4	17	KENNETH HOWARD/DAVID LAMBERT	MV	6:22:58	3	3:30:13	5	9:53:11
5	3	GILES HARDINGHAM/JONATHAN RABAGLIATI	M	6:25:33	4	3:29:36	4	9:55:09
6	21	MICHAEL BROADHURST/JAMES DICKINSON	MV	7:17:12	9	3:44:54	7	11:02:06
7	14	CHRIS SLEATH/MARTIN SLEATH	MV	7:10:53	7	3:52:54	8	11:03:47
8	20	PAUL MACKRILL/BRENDAN MACKRILL	M	7:28:06	10	4:00:19	9	11:28:25
9	6	RICHARD HAKES/TOM WESTGATE	M	7:55:01	11	4:19:10	10	12:14:11
10	644	CLARE KENNY/NICK HARRIS	MIXV	8:37:38	12	4:51:57	13	13:29:35
11	15	DAVID WILSON/HELEN WILSON	MIX	8:48:43	13	4:43:22	12	13:32:05
12	18	MARK BUSKWOOD/RICHARD SNOWDEN	M	9:53:21	15	3:38:59	6	13:32:20
13	1	IAN ANKERS/ALAN WILLIAMS	MV	9:07:04	14	4:31:16	11	13:38:20
14	12	MICHAEL OLIVER/IAN DUFFY	MV	11:45:21	16	4:57:48	14	16:43:09
	8	DAVID HOWARTH/STEPHEN POWELL	M	mp		mp		
	9	ANDY JACKSON/DAVE CHAFFEY	M	7:13:14	8	mp		
	19	ROBERT SANBY/RUSSELL BUXTON	M	6:54:36	6	mp		
	7	DAVID HARGREAVES/ANGELA SYKES	MIX	mp		dns		
	13	ALLAN POLLOCK/STEVE LEACH	MV	mp		dns		

BOWFELL

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	226	HUW JONES/GARETH JONES	M	4:40:25	3	3:00:50	1	7:41:15
2	208	ANDY CREBER/BRYAN STADDEN	MV	4:28:44	1	3:18:30	3	7:43:14
3	236	CHRIS RHODES/BRIAN CLOUGH	M	4:39:16	2	3:11:44	2	7:51:00
4	260	STEVEN WRIGHT/TREVEYAN BEYER	M	5:08:10	4	3:35:56	6	8:44:05
5	363	MAC KNOWLES/MIKE BERRY	MV	5:19:47	8	3:26:04	4	8:45:51
6	236	GEORGE PETTINGELL/BRIAN CARR	M	5:25:00	8	3:26:38	5	8:51:38
7	220	KEVIN HARDING/ALISON HARDING	MIX	5:17:51	5	3:46:44	8	9:04:35
8	210	CHRIS DAVIES/ALISON POWELL	MIX	5:23:16	7	3:53:27	10	9:18:43
9	201	ROB DAVISON/DAREN LOFTUS	M	5:35:57	9	3:54:47	11	9:30:44
10	255	JONATHAN WARDEN/GRAHAM TIFFANY	M	5:54:00	11	3:51:29	9	9:45:29
11	207	KIM COLLISON/DAVID FRYER	MIX	6:01:23	13	4:02:33	13	10:03:56
12	233	ADRIAN MOIR/ELLIE DUNNINGTON	MIX	5:52:05	10	4:14:17	17	10:06:22
13	253	NIGEL THOMAS/IAN HUNT	M	5:56:37	12	4:15:10	20	10:11:47
14	642	PAUL MELLOR/JAMES SMITH	M	6:05:26	14	4:08:44	15	10:12:10
15	223	ANDREW HEARLE/RICHARD HEARLE	MV	6:44:56	20	3:41:07	7	10:28:03
16	259	DAVID WILSON/STEPHEN ROE	M	6:14:18	16	4:16:00	21	10:30:18
17	237	MIKE READ/DAWN READ	MIX	6:13:17	15	4:24:21	22	10:37:38
18	242	TONY RUBERRY/ROBERT BROWN	M	6:30:59	17	4:14:58	19	10:45:57
19	262	JOHN PRESTON/CHRISTINE PRESTON	MIX	6:39:45	16	4:10:48	16	10:50:33
20	230	TREVOR LEWIS/RICHARD BLOSS	MV	7:02:01	26	4:00:58	12	11:02:59
21	263	MATT SCRIVEN/PHILIP ROBERTS	M	6:51:07	22	4:14:43	18	11:05:50
22	254	PAUL SCULLY/NEIL PRICE	M	7:08:16	27	4:08:18	14	11:12:32
23	216	STUART GARDNER/CHARLOTTE ROBERTS	MIX	6:54:23	23	4:31:58	23	11:26:21
24	252	PHIL TAYLOR/JOHN HART	M	6:45:30	21	4:49:08	33	11:34:36
25	264	DEAN THORNTON/TIM GEORGE	MV	7:09:33	28	4:33:42	25	11:43:15
26	215	JENNY EWELS/JACKIE HIGGINSBOTTOM	F	6:58:45	25	4:52:29	35	11:49:14
27	246	TONY SHANLEY/IAN BARBER	M	7:17:42	32	4:35:10	28	11:52:52
28	232	JOHN BOOTH/MELVIN COLE	MV	7:13:38	29	4:42:55	29	11:56:33
29	204	ANDREW BROOKFIELD/TOM COCHRANE	MV	6:40:43	19	5:37:01	39	12:17:44
30	224	GEORGIE HARE/MARK NAYLOR	MIX	7:45:38	36	4:36:33	27	12:22:11
31	218	MIKE GOODYER/MAGGIE BEGGS	MIX	7:36:11	34	4:47:38	31	12:23:49
32	217	VALERIE GILLICAROLINE BOURGE	F	7:15:27	30	5:18:25	37	12:33:52
33	239	CLIVE ROBERTS/IAN WAJDE	MV	7:45:05	35	4:52:27	34	12:37:32
34	225	MICHAEL JEFFREY/ANITA WELSH	M	7:34:48	33	5:25:46	38	13:00:34
35	248	CHRIS SMART/JUDITH GAMBURN	MIX	8:44:28	37	4:46:35	30	13:31:03
36	261	JUSTIN RATCLIFFE/ANITA FARR	MIX	8:58:42	38	4:47:54	32	13:46:36
37	245	GRAHAM SEDDON/ANDREW THACKER	M	9:13:57	39	4:37:12	28	13:51:09
38	256	DAVID WARDLE/RICHARD NASH	MV	10:28:17	41	5:18:11	35	15:44:28
39	241	COLIN ROSENBERG/GEORGE SIMMONS	MV	9:55:30	40	6:27:07	40	16:22:37
229	DAVID KIRK/MIKE MCGRATH	MV	mp	mp			101	
645	PAUL SIMPSON/HAROLD HOUGHTON	MV	mp	4:33:30	24			
206	GINA BURLEY/RICHARD HANDOLL	MIX	mp	dns				
209	MICHAEL DALLAMORE/TIM PELL	MV	mp	dns			92	
213	DAVE FLETCHER/DAVE ELLIS	M	mp	dns				
227	MIKE KESBY/MARK SNOWDEN	M	7:15:42	31	dns			
232	BARRY McDONALD/ROB BAILEY	MV	6:55:25	24	dns		98	
249	ANDREW STEAD/LISA AUSTIN	MIX	mp	dns				



KIRKFEEL

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	359	LAWRENCE JONES/ALAN DUNCAN	MV	4:41:53	2	2:58:18	1	7:40:11
2	358	STEVEN LORD/JOHN ROONEY	M	4:43:34	4	3:17:06	2	8:00:40
3	406	JOHN WORTHNEVILLE BAKER	M	4:43:02	3	3:19:07	4	8:02:09
4	350	JOHN HORTON/SUE SLEATH	MIX	4:40:32	1	3:35:40	6	8:16:12
5	397	DUNCAN TAYLOR/WALTER HARRISON	M	4:58:00	6	3:31:21	8	8:29:21
6	351	JOHN HUTCHINSON/CONRAD DICKINSON	MV	4:58:53	5	3:41:56	15	8:38:49
7	327	PETER DODD/STUART WHITE	M	5:15:33	7	3:38:49	13	8:54:22
8	307	MARK BEVAN/MICHAEL MATTISON	M	5:31:34	13	3:32:26	7	9:04:00
9	377	ALVIN OLIVER/CLIVE HARTFALL	MV	5:27:09	12	3:36:58	9	9:04:07
10	325	CHRISTOPHER DIBBEN/COLIN BLACKBURN	M	5:19:20	8	3:45:29	20	9:04:49
11	313	GEORGE CAUSEY/JOHN OAKS	MV	5:20:56	9	3:49:21	23	9:10:17
12	381	ANDY PLUMMER/NICK WHITTINGHAM	MV	5:44:52	16	3:29:49	5	9:14:41
13	398	KATY THOMPSON/GEORGE THOMPSON	MIX	5:24:56	11	3:50:49	24	9:15:45
14	309	NEIL BRAMMER/JULIE BRAMMER	MIX	5:37:37	14	3:38:27	12	9:16:04
15	258	ANN WATMORE/TONY KEDDIE	MIX	5:22:04	10	3:56:52	26	9:18:58
16	301	DAVID POWELL/RICHARD BAKER	MV	5:43:17	15	3:39:14	14	9:22:31
17	341	GARY GUTTERIDGE/ELAINE STEWART	MIX	5:47:18	17	3:43:25	19	9:30:43
18	352	JOHN HUTCHINSON/KEVIN ROGAN	M	5:53:18	21	3:42:46	18	9:36:04
19	365	BRIAN LAYTON/PAUL EASTWOOD	MV	5:58:41	23	3:37:30	10	9:36:11
20	312	PETER CARTER/STEPHEN FORSTER	M	6:20:27	34	3:18:02	3	9:38:29
21	332	DAVID FIELDING/DEBORAH GOWANS	MIX	6:00:40	24	3:37:54	11	9:38:34
22	308	ANDREW BRADLEY/MELANIE BRADLEY	MIX	5:49:19	18	3:49:19	22	9:38:38
23	324	PETER REAN/MARK SAVAGE	MV	5:51:48	19	3:48:56	21	9:40:44
24	375	SIMON NASH/GARETH DIGGES LA TOUCHE	M	5:52:59	20	4:00:03	26	9:53:02
25	320	ALLAN COX/CHRISTOPHER MARCOL	MV	5:56:00	22	4:02:38	31	9:58:38
26	364	ALISTAIR LAWRY/ROY FARRINGTON	M	6:10:48	27	3:54:23	25	10:05:11
27	317	SIMON CLARIDGE/ELIAN MCQUEEN	M	6:02:21	25	4:08:12	36	10:10:33
28	302	PETER AMOS/STEVE AMOS	MV	6:11:01	28	4:01:04	30	10:12:05
29	351	JOHN KELLY/BRIAN COX	MV	6:38:57	44	3:42:03	16	10:21:00
30	329	MICHAEL FAHEY/PETER FAHEY	M	6:20:46	35	4:00:25	29	10:21:11
31	399	TED TOWNSEND/DAVID TOWNSEND	M	6:22:50	37	3:58:58	17	10:21:46
32	334	DAVID FINE/JOHN BIRT	MV	6:16:02	30	4:07:02	35	10:23:04
33	365	IAN RUSSELL/WILLIAM ANDREWS	M	6:19:17	31	4:05:11	34	10:24:28
34	391	ALASTAIR SMITH/DAVID LEWIS	M	6:19:29	32	4:08:49	37	10:28:18
35	401	RICHARD WADE/JAMES SOMMERVILLE	M	6:15:39	29	4:12:45	40	10:28:24
36	366	DAVID LEE/JOE SCHRAY	M	6:10:38	26	4:19:13	49	10:29:51
37	346	DEREK HOLLAND/DAVID RAWARD	MV	6:19:45	33	4:11:18	39	10:31:03
38	409	AMANDA YORWERTH/MICHAEL YORWERTH	MIX	6:21:58	35	4:14:21	44	10:38:20
39	407	FRED YEARSLEY/RICHARD BROMLEY	MV	6:27:34	39	4:12:53	41	10:40:47
40	326	GLENN DUVAL/PHILIP PARKER	M	6:33:00	41	4:08:56	38	10:41:56
41	318	RICHARD CLARK/DAVID FISHER	MV	6:27:59	39	4:20:40	50	10:48:45
42	379	IVAN PARK/STEPHEN CURRY	M	6:34:40	43	4:16:59	46	10:51:39
43	408	JON YEARSLEY/SARAH BUCKLAND	MIX	6:41:25	45	4:13:32	43	10:54:57
44	386	CHRIS TAYLOR/ROGER DAYKIN	MV	6:54:18	51	4:04:07	32	10:58:25
45	358	GARETH JONES/ANDREW WILLIAMS	M	6:30:57	40	4:29:37	53	11:00:34
46	326	GEORGE DIMELOW/RICHARD KENT	MV	6:53:02	46	4:15:04	45	11:08:06
47	344	GRAEME HAWKINS/DAVID BURTON	MV	7:29:25	61	3:42:38	17	11:12:03
48	386	JONATHAN SCULLARD/DAVID CHADWICK	M	6:55:20	53	4:18:30	48	11:13:50
49	250	NIGEL STEPHENSON/STUART THOMPSON	MV	7:02:56	55	4:12:57	42	11:15:53
50	349	PETER HORSELL/SIMON HEWITT	MV	6:52:54	47	4:32:19	54	11:25:13
51	399	COLIN BENNETTS/MIEN KILGOUR	MIX	7:09:26	58	4:18:08	47	11:27:42
52	378	BRIAN O'RIGORDAN/JOHN O'DOYD	MV	7:22:55	59	4:04:57	33	11:27:52
53	303	ROGER ANJOLIK/MARK HANCOCK	M	6:53:19	50	4:36:57	57	11:30:16
54	335	ROBERT GALE/ANDREW DAYKIN	M	6:54:18	51	4:39:23	59	11:33:41
55	306	ROGER BAUMEISTER/JEFFREY HARRISON	MV	6:53:06	49	4:45:30	60	11:38:36
56	315	GRAHAM CHRISTIAN/JULIAN LEWIS	M	7:09:57	57	4:33:59	55	11:43:52
57	316	ARTHUR CLARE-HAY/MICK VALENTINI	MV	7:21:12	58	4:25:20	52	11:46:32
58	388	JOHN SAYER/SIMON ROSE	MV	7:30:17	62	4:21:02	51	11:51:19
59	355	DIANE ICKE/JAYNE LORD	FV	6:58:57	54	4:57:56	63	11:56:53
60	323	DEREK DAVEY/MARK BEZZANT	M	7:35:53	63	4:33:30	55	12:09:23
61	322	JANICE HICKS/DAVID HICKS	MV	7:26:13	60	5:14:04	68	12:39:17
62	321	PHIL CROOKES/ANDY TURNER	M	7:53:55	68	4:52:25	61	12:46:20
63	338	ELIZABETH GREEN/HELEN RUTTER	FV	7:49:02	67	4:59:18	64	12:48:20
64	405	ANTON WOOLFORD/DANIEL WOOLFORD	M	8:01:11	69	5:06:29	62	13:07:40
65	219	ROBERT HALL/ARTHUR RENSHAW	MV	8:24:12	71	4:55:02	66	13:19:14
66	387	JAY SCROGGINS/MELLA SCROGGINS	MIX	7:45:45	65	5:34:20	71	13:20:05
67	362	JAMES KENNEDY/HILARY KENNEDY	MIX	7:47:00	66	5:34:19	70	13:21:19
68	403	PHIL WARD/ROBIN SIDDLE	MV	8:22:52	70	5:03:22	65	13:26:14
69	330	RON FAITH/STUART PEDLEY	MV	9:14:53	74	4:37:04	58	13:51:57
70	342	GRAHAM HARDY/ROB WALKER	MV	9:04:40	72	5:06:49	67	14:11:28
71	357	CLEDWYN JONES/GILBERT DAVID	MV	9:10:59	73	6:20:41	73	15:31:40
72	330	RACHAEL JONES/CLARE HOLDCROFT	F	10:14:54	75	5:18:42	69	15:33:36
73	370	NEVILLE MCGRATH/PETER GRIFFIES	MV	10:28:30	76	5:45:10	72	16:13:40
305	ANDY BARNETT/TIM O'NEAL	M	6:33:44	42	mp			
357	STEVE LORD/MICHAEL DEAN	M	6:52:45	46	mp			
373	JON MILNE/GEORGE STEWART	M	mp	mp				
382	ROBERT PRITCHARD/RODAN HICKEY	M	7:35:59	64	mp			
394	JO ARMISTEAD/JOHN ARMISTEAD	MIX	mp	dns				
353	STEPHEN HUTCHINSON/DAVID MASTERSON	M	mp	dns				

CARROCK

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	505	LESLEY ATCHISON/CHRIS PEARSON	MIX	4:04:24	1	3:18:47	1	7:21:11
2	787	ROB SALT/KEV LOMAS	M	4:11:58	2	3:28:33	2	7:40:31
3	576	NATHAN PIKE/SARAH PIKE	MIX	4:47:59	6	3:29:31	3	8:17:30
4	581	ANDREW RAILTON/MAX COLE	M	4:47:56	5	3:37:24	7	8:25:20
5	604	ANDY WILSON/MALCOLM SIZER	MV	4:48:56	7	3:36:32	6	8:25:28
6	554	GRAHAM JOHNSON/ANDY MACKERVOY	M	4:49:07	8	3:40:20	8	8:29:27
7	529	BRIAN DENNESS/DAVID BRODIE	MV	4:38:19	3	3:53:10	14	8:31:29
8	518	HEATHER BURROWS/TRACEY EVANS	F	4:45:12	4	3:52:52	12	8:38:05
9	516	DARREN BRADBURY/DAVID BRESFORD	M	5:04:37	11	3:36:18	5	8:40:55
10	545	DAVID HATTON/KEITH MOSS	M	5:11:11	13	3:33:13	4	8:44:24
11	572	GEOFF NICHOLLS/PHIL BELLAMY	MV	5:12:26	15	3:49:56	10	9:02:22
12	586	ANDREW SCARAMANGA/PAUL DENNING	M	4:59:30	9	4:04:45	21	9:04:15
13	543	PHILIP HAWLEY/MICHAEL HAWLEY	M	5:11:18	14	3:53:01	13	9:04:18
14	583	PETER ROWE/PETER EARLY	M	5:01:36	10	4:04:40	20	9:06:15
15	586	TONY MORRIS/CALLUM MCKERRAL	M	5:19:15	20	3:49:24	9	9:08:39
16	522	IAN CHARLESWORTH/ROBERT INNES	MV	5:18:39	18	3:51:26	11	9:10:05
17	508	NIGEL BEASANT/CHRIS WILCOX	MV	5:17:12	17	3:58:18	16	9:15:38
18	509	STUART BEEBY/STEVE ELSLEY	M	5:19:11	19	3:58:09	15	9:17:20
19	555	JUDITH JONES/TIM HARDING	MIX	5:13:18	16	4:07:54	22	9:21:12
20	337	LIZ GOULD/SUE HOWARTH	F	5:08:25	12	4:15:12	28	9:21:37
21	511	JIM BENNELL/SHEILA BENNELL	MIX	5:21:55	21	4:13:00	24	9:34:55
22	353	SUE RATCLIFFE/JILL DAVIES	FV	5:33:25	24	4:14:54	27	9:48:19
23	356	CHRISTINE JEFFS/ROSE WHITE	F	5:48:41	30	4:02:39	17	9:49:20
24	581	MARK LEATHER/NEVILLE JONES	MV	5:33:52	25	4:19:36	32	9:53:28
25	521	MIKE CHAMBERS/PETE JONES	M	5:50:30	31	4:04:39	19	9:55:09
26	503	CHRIS ASHWORTH/MICHAEL LEESON	M	5:42:47	28	4:13:56	26	9:56:43
27	605	JAYNE WOODS/DUNCAN WOODS	MIX	5:23:05	22	4:38:22	47	10:01:27
28	574	NEIL PARKINSON/MIKE FARRER	M	5:35:53	27	4:26:12	38	10:02:05
29	235	ROBERT MARSDEN/COLIN HENSON	MV	5:32:04	23	4:32:04	41	10:04:08
30	590	NEIL SMITH/CLARE SMITH	MIX	5:50:57	34	4:17:49	29	10:08:46
31	550	BEN HODGKINSON/ROBIN HODGKINSON	M	5:50:17	32	4:20:10	33	10:10:27
32	565	RUTH METCALF/RACHEL METCALF	F	5:54:11	36	4:19:17	31	10:13:28
33	587	JOHN SHAUGHNESSY/ADRIAN DYE	M	5:55:11	37	4:21:23	36	10:16:34
34	533	RHONA FRASER/ROGER ROBB	MIX	5:51:35	35	4:28:09	39	10:19:35
35	582	COLIN LEGOC/OLIVIA WHITE	MV	6:11:19	50	4:08:17	23	10:19:36
36	514	ROBERT BLAIR/DAVID WARBABY	MV	6:05:12	45	4:20:39	35	10:23:51
37	243	ANDY SCOTT/SIMON BUXTON	M	6:08:27	46	4:20:38	34	10:27:05
38	212	JOANNA DUNN/MAI GREAVES	F	6:10:17	49	4:18:00	30	10:28:17
39	600	VINCE THWARTS/PADDOY O'NEIL	MV	5:58:47	39	4:31:50	40	10:28:37
40	576	ROSS POWELL/SHEILA LLOYD	MIX	6:34:55	26	4:58:27	57	10:31:22
41	551	JOE HOWARD/BRIAN DEARNALEY	MV	5:56:06	38	4:36:01	43	10:32:07
42	548	GEOFFREY HENSMAN/HENK VAN ROSSUM	MV	5:43:19	29	4:50:05	53	10:33:24
43	203	RICHARD BROADHEAD/RAYMOND HIBBLE	M	6:03:57	44	4:38:16	46	10:42:13
44	608	TIMOTHY YOUNG/STEPHEN TAYLOR	M	6:34:44	62	4:13:04	25	10:47:48
45	536	ARTHUR GLENCROSS/SUSAN GLENCROSS	MIX	6:24:50	56	4:23:53	37	10:48:43
46	513	DEREK BIRTHWISTLE/TONY SCOTT	M	6:45:46	68	4:04:18	18	10:50:04
47	575	ANDREW PENTELLO/KEITH PITTMAN	MV	6:02:08	43	4:51:43	54	10:53:31
48	607	PAUL WOOKEY/DAWN PAGE	MIX	6:21:34	54	4:36:40	44	10:58:14
49	515	PAUL BOWERS/GLEN BURCH	M	6:14:22	51	4:44:01	50	10:58:23
50	589	PETER LANCASTER/ANDRA LEFLEY	MIX	5:58:33	41	5:04:40	61	11:03:13
51	609	JOHN LYON/JOHN WOODCOCK	MV	6:25:23	57	4:38:28	48	11:03:49
52	501	CHRIS AINSWORTH/JAN AINSWORTH	MIX	6:00:54	42	5:04:30	60	11:05:24
53	510	LOUISE BENJAMIN/SARAH JONES	F	6:20:09	52	4:48:07	51	11:08:16
54	532	DAVID FOSTER/IAN WRAGG	MV	6:35:59	64	4:34:39	42	11:10:38
55	587	GRAHAM SUTHERN/DUNCAN CARTER	MV	6:20:23	53	4:53:30	56	11:13:53
56	519	LUCY BUTLER/PHILLIP THOMPSON	MIX	6:07:06	47	5:11:32	63	11:18:38
57	588	PETER TAYLOR/MARK BROCKWAY	MV	6:29:23	59	4:49:28	52	11:18:51
58	583	MICHAEL LETHEREN/DEREK GOODCHILD	MV	6:24:09	55	4:58:18	58	11:22:27
59	584	GERRY ROYLE/ROY BRADLEY	MV	6:49:22	71	4:39:39	49	11:29:01
60	603	IAN WILCOCK/JAMES DONOHUE	MV	6:55:41	75	4:37:56	45	11:33:37
61	544	JOHN HATTERSLEY/JAISON TRINDER	MIX	6:08:25	46	5:26:58	70	11:36:23
62	546	DAVID HEANEY/COLIN TANNER	M	6:33:53	61	5:04:22	59	11:38:15
63	582	HILARY SPENCE/LEVIN CURTIS	FV	6:35:52	63	5:10:40	62	11:48:32
64	380	ANDREW RAMSEY/PETER THAYER	M	6:27:48	58	5:20:51	68	11:48:38
65	605	NORMAN WILSON/NICK ADHITT	MV	5:57:59	40	6:04:24	78	12:02:23
66	537	BARRY BARNES/MP001 ANDREW WILLIAMS	MV	6:48:07	69	5:14:46	65	12:02:53
67	525	ALAN CRAFT/ALAN FORTUNE	M	6:49:26	72	5:14:52	68	12:04:18
68	549	ANDREW HERBERT/PAUL MOORE	M	6:31:59	60	5:33:53	74	12:05:31
69	524	NICK CONNOLLY/ANDY YOUNG	MIX	7:14:44	81	5:20:51	65	12:06:45
70	517	RAY BURGESS/PETER WOOD	MV	6:54:17	74	5:19:44	67	12:14:34
71	586	HELEN SUGDEN/SUE KING	F	6:44:46	67	5:29:48	71	12:14:34
72	310	RAYMOND BROWN/STEPHEN MILLWOOD	MV	7:04:52	77	5:13:50	64	12:18:42
73	577	ANNE POOLE/JOHN WINDLE	MIX	6:51:70	73	5:29:51	72	12:20:51
74	589	IAN SMITH/DANIEL RILEY	M	6:42:26	65	5:41:21	75	12:23:47
75	582	JOHN ROWE/PAUL MILLWARD	M	7:10:22	79	5:32:21	73	12:42:43
76	601	ROBERT WHILDON/NEIL PALMER	M	7:12:12	80	5:51:03	76	13:03:15
77	585	STEPHEN MILNER/ANN JOHNSON	MIX	7:00:22	76	6:03:40	77	13:04:02
78	580	DAVID LE BOUTILLIER/RUSSELL BENSON	M	8:01:04	85	5:26:44	89	13:27:48
79	588	JIM SHEPPERD/PAUL BURNAGE	M	7:27:18	82	6:22:58	80	13:50:14
80	347	MADELINE HOBLEY/TRICIA KENNY	F	7:42:35	84	6:29:22	82	14:11:57

CARROCK

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
81	542	DANIEL BATES/IAN BATES	M	6:44:03	68	7:36:26	88	14:20:29
82	526	JAMES CRAWFORD/ROWENA CRAWFORD	MIX	8:15:37	87	6:06:47	79	14:22:24
83	520	DEBORAH CARTER/BERNADETTE STEWART	F	8:05:52	86	6:32:12	83	14:38:04
84	547	EDWARD HENRY/JULIE WINTER	MIX	8:20:08	89	6:26:49	81	14:46:57
85	527	MARION CRAWFORD/MICHAEL LLEWELLYN	MIX	8:15:38	88	6:36:48	84	14:52:26
86	537	BEN GRAVES/GARY GODDARD	M	8:57:35	90	7:17:49	85	15:15:24
87	536	DEREK GRAVES/MARK GRAVES	M	8:59:36	91	7:20:38	86	16:20:14
88	553	JOHN JOYCE/MIKE PIKE	MIX	10:52:12	92	7:24:33	87	18:16:45
91	504	RAY STONE/SUSAN BROWN	MV	7:09:23	78	mp		
92	505	MICHAEL BALDWIN/CHRISTOPHER BALDWIN	M	7:42:11	83	mp		
93	589	GRAHAM MOSSOP/STEVEN STONE	M	5:48:48	31	mp		
94	591	DAVE SPAIN/ROB PEACEY	M	6:49:19	70	mp		
95	502	GERARD ASHTON/SUE ASHTON	MIX	mp		dns		
96	558	MARTIN LAMBERT/JUSTIN FRENCH	M	mp		dns		
97	573	JAMES PARKER/LUKE PARKER	M	mp		dns		
98	579	IAN PRIOR/IAN FRASER	MV	mp		dns		

HARTER

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	714	DAVE BROACH/KATH BROACH	MIX	4:23:23	1	3:25:29	1	7:48:52
2	726	JOHN COX/NORMAN HOWARD	MV	4:24:23	2	3:32:28	3	7:57:51
3	716	PHIL BROUGHTON/HARRY PICKLES	M	4:34:36	3	3:31:05	2	8:05:41
4	804	GUY WOLVERSON/NIGEL MISSELBROOK	M	4:50:03	11	3:48:22	7	8:38:25
5	354	ALAN HUYTON/MARGARET HUYTON	MIX	4:38:36	5	4:02:30	17	8:41:06
6	800	EDWARD WHEELHOUSE/DERICK WHEELHOUSE	M	4:38:15	4	4:07:08	21	8:43:21
7	713	KEN BRIDGE/MARK BRIDGE	M	5:09:05	16	3:35:49	5	8:44:54
8	758	IAN JONES/CHRISTOPHER JONES	M	4:50:16	9	3:57:51	11	8:48:07
9	704	JENNY GREENFELL-SHAW/MARK GREENFELL-SHAW	MIX	5:10:34	17	3:42:09	8	8:52:43
10	746	ALLEN HARRISON/CRAIG HARRISON	M	4:42:06	6	4:15:18	23	8:57:24
11	780	VANESSA LAWSON/MATTHEW LAWSON	MIX	5:08:25	15	3:58:58	10	9:03:23
12	782	NICK LEANEY/TOM FORBES	M	5:14:01	18	3:51:24	8	9:05:25
13	731	MARK EDWARDS/BREFF O'ROURKE	MV	5:08:12	14	3:59:24	13	9:05:38
14	640	EMMA WRAGG/ALISON BULL	F	4:57:51	12	4:16:03	24	9:13:54
15	754	PHIL JANAWAY/JANE JANAWAY	MIX	4:46:06	7	4:29:45	31	9:15:51
16	779	PATRICK MURRAY/PETE KELLY	M	5:17:23	20	3:58:42	14	9:17:05
17	775	JOHN MITCHELL/STEVE MELLUSH	M	5:15:13	19	4:02:29	16	9:17:42
18	345	STEVEN HEMINGWAY/TIM SOWOOD	MV	4:54:02	10	4:25:46	28	9:19:48
19	792	NICKY SPINKS/STEVE BURGESS	MIX	5:25:51	24	3:58:39	12	9:24:30
20	712	ANDY BRAY/ANDREW STOTT	MV	4:59:29	13	4:26:15	29	9:25:44
21	776	MICHAEL MORROW/JOHN BELL	MV	5:26:10	25	4:01:42	15	9:27:52
22	244	CRISPIN SCOTT/JOE RUSSELL-WELLS	M	5:28:05	27	4:04:02	18	9:32:07
23	734	JOHN FRANKLIN/MATTHEW FRANKLIN	M	4:54:27	11	4:41:40	35	9:38:07
24	783	MARGARET OLIVER/HELENA BURROWS	FV	5:26:26	26	4:10:56	22	9:37:22
25	732	PHIL ELSDON/REBECCA TERRY	MIX	5:35:20	31	4:18:21	25	9:53:41
26	786	ANDREW MANSI/PAUL MANSI	M	5:49:30	37	4:04:47	20	9:54:17
27	704	JULIE ASTIN/CHRISTOPHER LEE	MIX	5:50:34	38	4:04:42	19	9:55:16
28	776	MICHAEL MITCHELL/TERRY TIMMS	MV	5:23:39	22	4:37:07	34	10:08:46
29	744	PAUL HANNAH/BRENDA BRADY	MIX	5:37:42	32	4:23:20	27	10:01:02
30	721	ANDREW CLARK/NICHOLAS RYAN	M	6:24:23	23	4:47:35	39	10:11:58
31	788	IAN SAYER/DON HOLMES	MV	5:44:26	30	4:28:25	30	10:12:51
32	798	CHRIS WALES/SUSAN ECCLES	MIX	5:29:59	28	4:43:37	33	10:13:16
33	707	DAVE BEDFORD/ADRIAN CLARKE	MV	5:40:28	33	4:34:07	33	10:14:33
34	739	JULIA GREEN/LIZ BROWN	F	5:33:40	30	4:45:35	38	10:19:15
35	724	LINDA COLLISON/CHERRY FRYER	FV	5:21:48	21	4:57:53	46	10:19:41
36	751	FIONA HUTCHINSON/BRIDGET BROADHURST	FV	5:30:05	29	4:52:23	42	10:22:28
37	710	STUART FLACK/ROBERT GLAZE	M	6:02:51	42	4:30:48	32	10:33:39

HARTER

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
54	725	GLORIA COULTHARD/ANDREW COULTHARD	MDXV	6:33.14	54	5:29.19	58	12:02:33
55	774	ANN MITCHELL/VIV HORTON	FV	6:17.55	49	5:47.13	64	12:05:08
56	719	ROSE CARNOCHAN/JULIE UNDERWOOD	F	6:54.24	63	5:15.08	55	12:09:32
57	709	BEVERLEY BLACK/HAZEL WILLIAMS	FV	6:37.45	55	5:33.34	57	12:11:19
58	782	JOE O'DONNELL/LYNNE HATTON	MDXV	6:41.35	59	5:41.42	59	12:23:17
59	728	JILL DAVIS/SUSAN HIGHAM	FV	6:39.37	57	5:46.40	63	12:26:25
60	808	MARTIN ELSTON/MERCEDES RUEDA	M	6:51.27	61	5:39.10	58	12:30:37
61	773	JOHN MEREDITH/MILES AVERILL	M	7:10.15	65	5:46.14	61	12:58:28
62	772	ALISON MEREDITH/TORILL AVERILL	F	7:33.05	70	5:46.18	62	13:19:23
63	802	GARY WHITTINGHAM/SALLY WHITTINGHAM	MIX	6:56.51	64	6:24.19	70	13:21:10
64	761	HAYDN LEAKER/NATHANIEL LEAKER	M	7:24.43	69	6:02.14	67	13:28:57
65	784	ANDREW PARTRIDGE/MARK BROOKS	M	7:02.22	65	6:25.52	71	13:28:14
66	703	NICOLA ASHTON/JANE GROUT	F	7:24.37	68	6:04.18	68	13:28:55
67	770	JOHN MCGARRY/ROGER BRADLEY	MV	7:38.30	71	6:05.51	69	13:44:21
68	796	DAVID TOSELAND/RENE TOSELAND	MDXV	7:49.08	72	6:01.36	65	13:50:44
69	735	FRANK GALBRAITH/NESS GALBRAITH	MDXV	7:59.23	73	5:58.28	65	13:57:51
711	BRIAN BOOTH/MICHAEL HOWARD	MV	mp			3:34.48	4	
736	STEVE GALE/HELEN GALE	MIX	6:23.59	51	mp			
771	SHEILA MCNULTY/PETER MCNULTY	MDXV	mp			3:52.36	9	
805	JULIA WOTTON/LINDSEY FREEMAN	F	6:49.10	80	mp			
736	KEITH GARSIDE/KEVIN BRACHER	MV	5:43.23	35	dns			
747	VICKI HASABALL/ANDY POLLOCK	MIX	5:40.40	34	dns			

WANSFELL

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
1	972	MICK ANGLIM/BRENDAN ANGLIM	M	3:49.49	1	2:53.28	1	6:43:17
2	948	STEPHEN MARTIN/TIM MARTIN	M	4:21.38	2	3:14.28	4	7:36:06
3	901	JOHN ANDREWS/KEVIN HANNAFORD	M	4:37.54	7	3:05.14	2	7:44:08
4	949	PETE MITCHELL/NICK BURTON	M	4:34.43	6	3:09.32	3	7:44:15
5	917	SHANE DRINKWATER/LIZ DRINKWATER	MIX	4:25.15	3	3:33.33	7	7:58:48
6	928	LES HOOPER/DAVID FUNNELL	M	4:39.13	10	3:20.49	6	8:00:02
7	944	KEVIN MARSHALL/PHIL WORRAC	M	4:25.29	4	3:37.02	8	8:02:31
8	979	ARTHUR SUMMERS/AMARIAN FLETCHER	MDXV	5:02.21	14	3:15.00	5	8:17:21
9	214	MICHELLE RYDER/DAVID RYDER	MIX	4:31.03	5	3:51.13	13	8:22:16
10	930	SALLY WELSH/SUSAN JEFFREY	F	4:55.31	11	3:49.47	12	8:45:18
11	938	MARTIN KIRKMAN/NICOLA KIRKMAN	MIX	4:38.25	9	4:12.21	24	8:50:48
12	913	SIMON COCHRANE/MATTHEW COCHRANE	MV	5:04.08	15	3:49.28	11	8:53:36
13	937	MIKE JORDAN/DEREK WEEKES	M	4:38.03	8	4:16.45	29	8:54:48
14	940	LIZ LOCKTON/ANGUS GRANDFIELD	MIX	5:01.55	13	3:58.56	18	9:00:51
15	930	KATHARINE HORDER/ANNE FRANCIS	F	5:07.07	16	3:53.54	15	9:01:01
16	743	LINDA HANNAH/JULIE FEENEY	FV	5:00.34	12	4:00.49	19	9:01:23
17	978	PETE STRAUSS/TOM HORE	M	5:14.37	20	3:52.03	14	9:06:40
18	926	DAVID HESKETH/LYNNE CLOUGH	MIX	5:33.20	31	3:39.46	10	9:13:06
19	963	KEITH RICHARDS/PAULINE RICHARDS	MDXV	5:17.07	23	4:02.23	20	9:19:30
20	905	PATRICK BONNETT/CATHERINE BONNETT	MIX	5:28.01	28	3:54.51	16	9:22:52
21	936	SIMON JONES/ROGER LEAVESLEY	MV	5:28.37	27	3:58.51	17	9:25:28
22	916	PAUL DAVIES/AUDREY DAVIES	MIX	5:18.10	22	4:11.47	23	9:27:57
23	981	DAVID SWEETMAN/SCOTT REID	M	5:09.07	18	4:19.00	33	9:28:07
24	966	DAVID SAYER/VYV JAMES	M	5:24.38	26	4:03.57	21	9:28:35
25	764	PETER LEGG/LINDA LEGG	MIX	5:11.45	19	4:18.20	32	9:30:05
26	932	ANN JAGO/CHRIS FRY	MDXV	5:18.05	24	4:15.10	28	9:33:15
27	794	SARAH THOMAS/LYNDA BENTLEY	F	5:16.05	21	4:17.24	30	9:33:29
28	909	JOHN BUTCHER/LORNA GARROD	MIX	5:29.40	29	4:07.44	22	9:37:24
29	973	TIM SIMPSON/MARY SIMPSON	MIX	5:22.53	25	4:19.22	34	9:42:15
30	567	DAVID KINGDON/ANITA KINGDON	MDXV	5:08.18	17	4:37.24	42	9:45:42
31	968	CLARE SCOTT/MARK BENSON	MIX	6:08.44	42	3:38.59	9	9:45:43
32	962	ERIC PYE/KIRK WILLIAMS	M	5:47.12	34	4:20.47	35	10:07:58
33	989	STEVE WATKINS/ALEX WATKINS	MIX	5:30.45	30	4:38.10	43	10:08:55
34	941	RICHARD LONG/STEVE GILL	MV	5:42.44	32	4:27.58	38	10:10:42
35	912	PAUL CHANNING/CHRISTOPHER HACK	MV	5:54.04	38	4:18.02	31	10:12:06
36	965	NIGEL ROBINSON/MARK ROBINSON	M	5:59.49	39	4:14.41	27	10:14:30
37	908	TERRY BURT/STEPHANIE BURT	MDXV	5:52.57	37	4:25.36	37	10:18:33
38	967	DAVE SOOREBY/STEPHEN CALPIN	MV	5:50.21	35	4:33.39	40	10:24:00
39	963	RAY MOULDING/EILEEN PEAT	MDXV	6:13.20	46	4:14.10	36	10:27:30
40	964	ERIC RIDDALL/GUY GOODAIR	MV	6:11.08	45	4:20.02	35	10:31:08
41	925	REBEKAH HARRISON/LISA WHITMORE	F	5:50.48	36	4:42.19	45	10:33:07
42	943	JEZ MANCER/LUCY THOMPSON	MIX	6:05.48	43	4:39.46	44	10:46:34
43	911	LETTIE CHAMBERS/THOMAS CHAMBERS	MIX	6:02.36	40	4:44.55	48	10:47:31
44	902	GILES BENNETT/MATTHEW SHOULTS	M	6:38.14	52	4:14.00	25	10:52:14
45	954	ROBIN MOWBRAY/DAVID SELF	MV	6:13.59	49	4:43.50	46	10:57:49
46	931	GARETH HUTCHINSON/RACHEL HUTCHINSON	MIX	6:19.22	50	4:45.06	49	11:04:28
47	983	ELIZABETH TRISTRAM/MARK DAVY	MDXV	6:06.03	41	5:10.17	63	11:16:20
48	960	KIM POLLARD/KEITH ABBOTT	MV	6:11.29	46	5:06.04	59	11:17:33
49	974	ANNE SMITH/RON SMITH	MDXV	6:10.00	44	5:10.13	62	11:20:13
50	958	BARRY PATTERSON/STUART LAURIE	MV	6:11.44	47	5:10.40	64	11:22:24
51	920	KEITH FISHER/STEVEN REYNOLDS	M	6:29.02	51	4:59.24	57	11:28:26
52	906	BARRY BREED/COLIN MCMURTRY	MV	6:41.16	53	5:03.32	58	11:44:48
53	933	PETER JENKINS/BILL RATCLIFFE	MV	7:00.49	60	4:48.34	50	11:49:23

WANSFELL

Posn.	Nr.	Team	Cat.	Day1	Day2	Overall	Age	Vet Time
54	982	LES THURSTON/RAY MURDOCH	MV	6:53.50	57	4:58.51	56	11:52:41
55	904	FRANK GREEN/DAVID GREEN	MV	6:59.12	59	4:56.45	54	11:55:57
56	965	NIGEL TOPHAM/DEAN WATSON	M	6:50.30	56	5:08.36	60	11:57:06
57	962	DAVID WILLIS/MIKE BRACE	MV	7:07.39	62	4:50.42	51	11:58:21
58	964	CHRISTINE TUCKEY/JANICE BARKER	FV	6:49.54	55	5:09.14	61	11:59:08
59	915	GEOFF DANIEL/MAX LAURIE	M	7:23.56	65	4:35.57	41	11:59:53
60	901	PETER WHITE/PETER WARNER	MV	7:02.19	61	4:58.15	55	12:00:34
61	942	ANDY INNES/CENGIZ PHILCOX	M	7:11.10	63	4:55.26	53	12:06:48
62	955	JOHN NEWBY/BRIAN HARGREAVES	MV	7:18.34	64	4:54.54	52	12:13:28
63	951	PENNY MORETON/PHIL NEWTON	MV	7:50.54	72	4:28.41	39	12:19:35
64	975	ANN SMYTHE/JANE FOSTER	FV	7:38.08	70	4:44.50	47	12:20:58
65	939	ANDREW LEE/DECLAN LEE-MERRION	M	7:34.30	69	5:14.20	65	12:48:50
66	963	MARTIN WOODWARD/NEIL WILSHIRE	M	7:31.24	68	5:30.52	67	13:02:18
67	989	DAVID SCRAFTON/STEVEN RICHARDSON	M	8:47.17	54	8:27.49	69	13:15:08
68	970	ALISON SHARP/SUE PARKER	FV	7:27.49	67	6:09.00	68	13:36:49
69	947	KEVIN MASSEY/GARY HAMIL	MV	9:34.28	76	5:21.57	65	14:56:25
70	976	JOHN STARKEY/JUDY HICKS	MDXV	10:15.02	79	6:57.20	70	17:12:22
71	985	KATHY TYTLER/JACQUE ASTLEY	FV	10:07.42	78	7:25.41	71	17:33:23
980	SARAH HUGHES/ALISON SMART	M	8:48.57	74	mp			
923	ADRIENNE GARNER/HEATHER MITCHELL	FV	7:48.39	71	mp			
955	ANDY MUSTON/MARTIN BROWN	M	5:46.42	33	mp			
990	JASON SURRIDGE/RACHAEL SURRIDGE	MIX	10:00.02	77	mp			
996	LUCY VARCOE/JOANNA MOSS	F	8:49.00	75	mp			
715	JOANNA BROOKFIELD/SAM BROOKFIELD	MIX	8:29.17	73	dns			
780	TONY MUSSON/NICOLA MUSSON	MDXV	mp		dns			
910	DAN CARVER/CHRIS SMITH	M	mp		dns			
948	SCOTT MIDDLETON/BROBYN JONES	M	7:25.29	86	dns			
987	SANDRA VOGEL/MARTINE BUCKLE	F	mp		dns			
995	JONATHAN ROLLS/LEE JONES	M	6:55.02	58	dns			

OUR THANKS TO THE FOLLOWING MARSHALS FROM THE BACKPACKERS CLUB FOR THEIR ASSISTANCE AND EXPERTISE.

Marshals this year, including a welcome number of new names were:-

Will Bankes	Alan Davidge	Stephen & Pat Rich
Martin & Andrew Bave	Rod Dean	Alan Robertson
Paul Beamish	Joe Donegan	Christine Roche
Graeme Boydell	John Douglas	Rodney Ross
Bruce Brown	Steve Farminer	Valerie Self
Richard Brown	Keith Haffenden	Alan Stiling
Jim Burgess	Mick James	Mick Thompson
Anthony Cathcart	Vivian Jones	Tony Whewell
Harry Chatten	Jonathon Lane	Steve Wilson
Alan Cocks	Karen Lavill	Tony Wilson
Alan Crowe	Pete Maguire	Roger Woodhouse

The Saunders Mountain Marathon July 5-6, 2003

by Peter White and Peter Warner

Jackie Astley has written a very atmospheric account of the event which I could not even try to match so will concentrate on more mundane matters like where we went.

The last time the Reading Joggers were in the Helvellyn Range in 1997 – was it really that long ago? – they did not have a good time. The course seemed very long and two of the checkpoints were in very craggy positions. One was positioned so that it was showered with rocks from other competitors coming down the hillside. The other on a precipitous crag. I looked it up and only 6 of the pairs out of 46 in our class finished in the allotted time. So it was with some trepidation that 8 of us went back there to give it our best shot.

There were 4 teams; Dave Sayer & Vyv James, Peter White & Peter Warner (P¹ & P²), John Starkey & Judy Hicks and Kathy Tytler & Jackie Astley. As luck would have it we all arrived at the base camp, which was the overnight camp of the previous Helvellyn event at Fornside, between 5 and 6pm on the Friday and put up our tents on a nice spot on the field. As dusk fell it got a bit midgey so having eaten and drunk as much as we could of lamb and dumpling stew (kindly supplied by Margaret) we retired to our sleeping bags for a good nights sleep. It was helped by a little vino courtesy of Vyv.

From our previous experience of Fornside we knew we had a 350m climb in 800m, an average gradient of 1 in 2½ right from the start line. Our starts were all between 8 and 8.30am. D&V were off first like a pair of whippets. J&J and K&J joined forces as they marked up their maps and P&P went up the hill, probably too fast as we will see later. The clouds were down over the hills so it was compass navigation to the first checkpoint. P&P were a bit high on Mill Gill then walked down to CP2. P¹ had taken his altimeter (shown by Rachel, his one day partner 3yr ago how useful it can be) but it proved to be faulty only registering about a third of the height changes. The route to CP3 was along the ridge nearly to Whiteside. Met Dave and Vyv there coming up the hill as we prepared to go down. Thick mist still so compass bearing to the CP and again we were a bit to the left and jokingly said we had our right legs longer than the right – or was it the contour? Back again up to the ridge and to avoid contouring we went back to Raise where we met K, J, J & J going down as we came up. Compass bearing again to the Old Chimney (CP4) which we hit spot on as it loomed out of the mist. The next stage to The Nab was difficult and our 3 groups took totally different routes. P&P went right to the old dam, took a path not on the map which went around Catsycam to the Red Tarn then on a good path to Birkhouse Moor and on to The Nab. D&V went directly down and up while K and team went down the old flue. It was a really clever bit of course

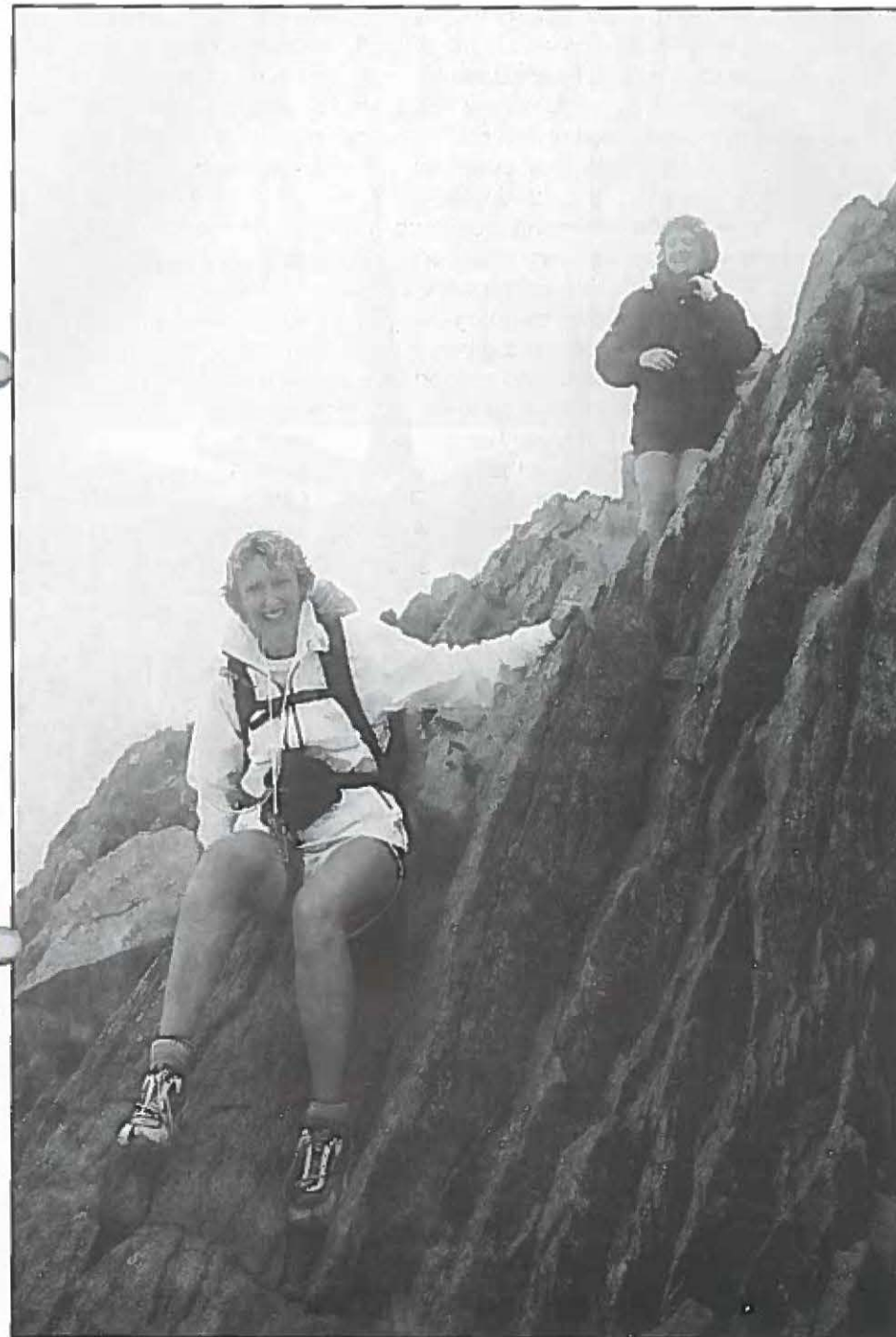
setting. It was a steep descent from the Nab to a very nice overnight camp at Glenridding. P¹ suffered on this descent as his legs turned to jelly. However a cup of tea from a cheerful Dave and Vyv revived them. KJJ&J arrived some few hours later. The overnight camp was one of the best we have had with flush loos, showers and a mobile van with food available if required. However having carried food all day we did not want to carry it back so most of us ate it in preference to buying more. While chatting in the evening it seems likely that Peter's jelly legs were possibly due to not eating enough during the day having relied too much on his 1 litre platypus.

Day 2 was much brighter with good views everywhere so it was no trouble to get to CP1 on Greenside where we were surprised to see D&V just ahead of us. They had had a vacant moment and gone off route. It was nice to know that even the better ones have occasional lapses. It was a long stage to Bruts Moss (CP2), fortunately there was another path not on the map which avoided the necessity of climbing Great Dodd and then we could see CP3 from CP2. It was much warmer than the first day and we had consumed all our drink so replenished it in Mosedale Beck. It was a bit rough underfoot on scree and rocks round Threlkend Knots to CP4. Navigation was helped as P² spotted the top of a CP4 tent which was meant to be out of sight. In any case the cairn nearby was very visible. Then the best bit of all was the precipitous path along the edge of Wentwaite Crag and finally a nice grassy path to the last CP only to be confronted by the 350m descent to the base camp. Peter¹ got most of the way down this time before jelly legs set in again and it was really good to finish and get our "Wilf's meal" of veggie stew and cole slaw and lots of cups of tea. He really will have to take a pole to help with the steep descents – if he goes again.

Dave and Vyv's account

Two days in the mountains with distinctly different conditions. Day 1, which had the compass working overtime in the mist on the tops, went well apart from one hiccup. Having taken my reading glasses on a mountain marathon for the first time, but too vain to use them. I did not notice the crags on the map when Vyv and I decided to take the straight line option from CP4 to CP5. This route eventually involved some very steep and slippery terrain alongside Routen Gill. Realising that I had become the leader of a small group of people, I put on a brave act until we could go no further. Our chosen route suddenly stopped at the head of some very deep and impenetrable terrain. The going looked easier on the other side of the Gill, through dense bracken, so a slippery shortcut was taken across fast flowing water to the other side. After a short break where Vyv lost the bite valve on his water bladder, but somehow managed to find it in the undergrowth, we continued relentlessly onwards and upwards to CP5 before dropping to the long awaited midway campsite.

How I hate the day 2 mass starts. They always end up with a never ending crocodile of hundreds of people on a narrow path anxiously trying to pass each other. Nevertheless Vyv and I were there to enjoy ourselves (at least that's what I told him beforehand) so we took rank and pursued our course along with the others. When we were faced with a choice between a direct craggy route and the more gentle zigzag path, Vyv opted for the more challenging course. This demanded that we adopt the Jackie Astley approach to breathing with many stops just to practice the wheezing technique. It is doubtful if this route was any faster than the path, as we were clambering on all fours at times, but it was certainly more memorable. It was at the top of this climb that we committed our first "error" - commonly known as going the wrong way. We had taken our eyes off the map and started to follow a group in a different class. However after a routine check on our compass and a good look at the map, Vyv and I agreed on the error of our ways and decided to drop to the valley floor and pick up the obvious route which most of the other competitors in our class were taking to CP1. From here on we could see the route unfold in the distance on what had become a perfect day with clear visibility. This was in stark contrast with day 1 but provided Vyv on his first mountain marathon, with the opportunity to try different navigation techniques. He thoroughly "enjoyed" himself and is eagerly waiting for next year's event. After a huge drop to the finish the vegetarian bean stew and a great slab of cake from Wilf's Cafe never tasted better.



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