

The 7th Saunders Lakeland

MOUNTAIN MARATHON

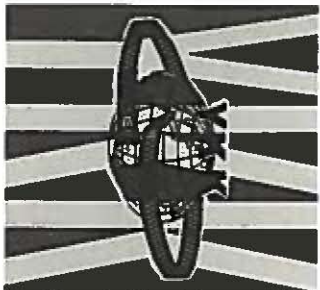
RESULTS 1984



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A MESSAGE FROM KEN LEDWARD — EVENT ORGANISER

The 7th Saunders Lakeland Mountain Marathon, held in glorious weather at Braithwaite, Cumbria was again an unqualified success.

The event proved a great challenge with temperatures on both days reaching the high 80's Fahrenheit, demanding above average performance by all competitors. A high degree of physical effort, determination, and judgement of pace, beyond that normally required, demonstrated the capability of all who ventured into the hills on this gruelling 2-day Marathon, and their efforts are to be highly commended.

Special congratulations must be given to the lady competitors, some of whom achieved very high placings — is it possible perhaps, that they were inspired by their partners!! or vice-versa?

A word to the regular competitor who perhaps was only beaten by extreme temperature. I do believe that some of the very early first day retirements were due to other reasons, not the least being the sensible decision not to attempt, what for them, on that particular day, was too great a demand on their fitness that day.

They are to be commended for their good sense and will join the ever-growing but undefeated band — myself already a member, who having sampled extreme conditions, have acted appropriately, to return and accept the challenge on another occasion. I feel obliged to make mention that you were not the only ones to be put beyond your resources. Your competitive nature not only exhausted the drinks machine at Hornister Quarries, I hear that it required replacement parts before squirting into action the following day.

I have of course to pay tribute to the great assistance given by the regular helpers. Tom Pape and the members of the Backpackers Club who performed the arduous and accurate duties at the checkpoints. Jim Garnett who again handled your entries and corrected your many class changes with his inimitable cheerfulness and efficiency. Les Ashcroft who again worked extremely hard providing facilities at the mid-camp, and ensured that our stay left no evidence of occupation.

Ron Kenyon for recruiting his team of clerks who performed miracles, producing results in record time. And the many families, friends, and local residents who so cheerfully gave of their time and energy.

A special thank-you also to the land-owners and tenants in the district whose continued co-operation is vital to the success of the Marathon and I know from their subsequent comments that nothing done during the week-end has marred that very special relationship.

This of course, leads to the biggest thank-you of all — to the competitors for supporting the event, tolerating my inadequacies and yet still cheerfully offering constructive criticism to enable the event — and me — to get better. I'm already coming to heel. There will be a separate Backpackers Walking Only Route for 1985. Any other suggestions you wish to submit, send direct to me.

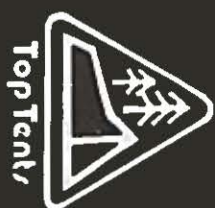
Finally, to our sponsors Joan and Bob Saunders, my thanks for the support you give to those of us at the sharp end. Your efforts and those of your team at all times, remove a lot of the time consuming tasks which might otherwise overtake such a small organising team as mine.

On behalf of The Klets Team, best wishes to you all. We look forward to seeing you on the evening of Friday 12th July 1985.

Sincerely,

KEN LEDWARD

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Working out the route

SAUNDERS 1984 Lakeland Mountain Marathon

The Saunders Lakeland Mountain Marathon

• The 7th annual Lakeland Mountain Marathon sponsored by Robert Saunders took place this year at Braithwaite over the weekend of July 7/8th. More than 700 competitors including fell-runners, marathon athletes, orienteers and backpackers arrived in the village playing fields to turn them into a huge and thriving campsite. Many of the competitors had attended previous Lakeland Marathons and many more brought along family and friends so the atmosphere was convivial and friendly on the Friday night reunion and as the contestants prepared to depart in the blistering heat of the Saturday morning.

The entry was split into four classes according to ability and each attempted a different course. The Wansfell Class (50km) was for both backpackers and novice fell-runners whilst the Bowfell (60km) and Scafell (80km) classes were both open to runners of suitable experience, and pairs competed in all these classes. The only solo event was the Klets Classic which required a very high level of fitness and navigational skill and in which there were only 19 entries. Map references for the checkpoints were given out on the Saturday morning and after mass starts through a set run-out the competitors collected their control cards and set off for the fells working out their best route through some of the 39 checkpoints already established throughout the NW Lake District.

All were carrying essential equipment and aiming to reach the mid-camp at Langstrath for the evening, but by late afternoon it was clear the heat had forced many to retire. Few could maintain a running pace in the fierce heat and many, particularly in the backpackers class could not go on at all and retired well before the end of the first day was in sight. As the 2nd day was intended to be shorter those who did make it to Langstrath to add to the colourful tented village that quickly sprung up had put the greater part of the event behind them but all were very tired and some exhausted. Competitors were still arriving long after dark, often hobbling and in some cases separated from their partners. During the night the leaders in the Scafell Class realised they had missed a checkpoint and retired leaving the two leading pairs only separated by six minutes. It seemed about half of the Wansfell Class had retired and the position in the Klets Class wasn't known as this class were free to camp where they wished.

Next morning the events were restarted, again in heatwave conditions and the centre of attention switched back to Braithwaite where the finish had been set up. Food was laid on for all the competitors and the free chiropractical service provided was in great demand as those who had completed the event or returned after retirement checked in. Everybody who finished certainly deserved their certificates but some performances in particular deserve special note. D Ratcliffe won the Klets Classic ahead of the recent winner of the 'Three Peaks Yacht Race' and the only lady competitor in the class, Dr W Dodds completed the course in 18½ hours. The two leading pairs in the Scafell class finished within a few minutes of each other but M Hoffe and A Ligema from Eskdale held on to their lead. In the mixed section of this class M and D Rosen, who are British international orienteers, finished ahead of S and D Walsh from Plas y Brenin. In what was probably the greatest achievement of the event the mixed pair of R Fleming and K Herd won the large backpackers Class not only outright but an hour ahead of the field. Joan Saunders had presented the prizes for these and other classes by mid-afternoon but at that time no ladies teams in either the Bowfell or Backpackers Classes had come in. After a desperate and determined struggle, C Sawbridge and J James eventually reached the finish to take the Bowfell Class but none of the ladies in the Backpackers class made it to the line.

The event was generously sponsored by Robert Saunders and organised by Ken Ledward and Klets staff with the help of volunteers from the Backpackers club who manned the checkpoints and though the weather made it harder than most expected no doubt there will again be plenty of entrants for this well established event next year.

— Robert Howard

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MAGAZINE FOR
HILL-WALKERS
September 1984 issue

SCAFF

SCAFFELL CLASS (MEN)

		Start Time	Checkpoints 1	2	3	4	5	Finish Time	Overall Time
1. A. Ligema/M. Hoite	59	Day 1 10.22 8.21	2.48 1.12	3.52 2.14	3.34 —	4.35 —	6.06 —	7.10 5.08	12.08
2. S. Willis/J. Coulson	65	Day 1 10.32 7.10	2.55 1.24	4.10 2.37	3.48 —	5.06 —	7.03 —	8.17 5.29	13.46
3. M. Welford/J. Rye	70	Day 1 10.40 6.05	3.02 1.46	4.11 3.04	3.51 —	5.00 —	7.58 —	9.15 6.28	15.43
4. P. Davies/J. Booth	56	Day 1 10.28 7.35	3.54 1.38	5.20 3.08	4.56 —	6.54 —	8.32 —	10.11 6.45	16.56
5. J. Harrison/I. Heys	57	Day 1 10.02 7.29	3.54 1.34	5.09 2.39	4.47 —	6.00 —	8.49 —	10.05 7.11	17.16
6. * M. Rosen/D. Rosen	82	Day 1 9.53 7.26	4.06 1.42	5.31 3.13	5.06 —	6.21 —	8.30 —	9.53 7.26	17.19
7. D. Waugh/P. Parkins	63	Day 1 10.14 8.14	4.43 1.34	6.12 3.02	5.40 —	7.02 —	9.09 —	10.36 7.30	18.06
8. L. Bagshaw/P. Hanks	61	Day 1 10.04 7.12	4.27 1.51	5.50 2.24	5.29 —	6.39 —	9.09 —	10.04 7.27	17.31
9. * S. Walsh/D. Walsh	81	Day 1 10.16 8.04	3.58 3.14	6.00 V.P.	5.37 —	6.58 —	10.02 —	11.34 8.21	19.55
RETIREMENTS AT CAMPSITE AND DAY 2									
P. Halling/R. Eagle	58	Day 1 10.10 8.50	3.38 1.43	4.52 3.15	5.06 —	7.06 —	8.38 —	10.11 —	Retired
B. Needle/A. Sanderson	60	Day 1 10.17 7.15	4.59 1.58	6.33 3.50	6.01 —	7.33 —	10.54 —	12.28 —	Retired
I. Hannill/S. Wadson	64	Day 1 10.42 9.05	3.56 2.03	5.13 4.13	5.35 —	7.49 —	9.56 —	11.23 —	Retired
M. Rigby/Q. Harding	68	Day 1 10.34 8.56	3.20 1.46	4.51 3.13	4.24 —	5.43 —	8.06 —	9.28 —	Retired
J. Blair-Fish/P. Fettes	69	Day 1 10.26 Day 2	4.29	5.38	5.57	8.10	10.48	12.31	Retired
RETIREMENTS DAY 1									
B. Stadden/P. Reece	51	Day 1 11.10	4.00	5.37	5.08	7.45		Retired	
M. Lucas/R. Marshall	52	Day 1 10.30	4.29	4.50				Retired	
M. Wardle/D. Whaley	53	Day 1 10.06	4.27	6.13	5.35	7.34	10.25	Retired	
A. Hyslop & G. Russell	54	Day 1						Retired	
K. Tonkin/T. Dennish	55	Day 1 10.08	3.37	5.02	4.38	6.00		Retired	
R. Mitchell/G. Webster	66	Day 1						Retired	
W. Bland/R. Whitfield	67	Day 1 10.36	3.07	3.54	4.06			Retired	
P. Barron/D. Stones	71	Day 1 10.46	4.18	4.45	5.14	7.20		Retired	

WANSFELL FELLRUNNERS

CHECKPOINTS

		Start Time	Checkpoints 1	2	3	Finish Time	Overall Time
1. M. Smith/R. Hand	499	Day 1 2.07 1.06	2.17 1.18	2.40 1.49	5.13	7.58 2.27	10.25
2. R. Speirc/J. Kewley	502	Day 1 1.49	1.57	2.25	5.29	8.04	10.30
3. J. Hampshire/P. Mayo	485	Day 1 1.53 1.09	2.04 1.25	2.35 2.10	5.17	8.05 2.55	11.00
4. R. Barr/M. Jones	505	Day 1 2.04 1.01	2.15 1.12	2.44 1.44	5.28	8.34 2.27	11.01
5. J. Brockbank/M. Taylor	404	Day 1 2.17 1.01	2.26 1.12	3.03 1.42	6.05	9.04 2.20	11.24
6. D. Allsopp/M. Pell	411	Day 1 2.03 1.04	2.15 1.18	2.49 1.58	5.49	8.32 3.03	11.35
7. S. Sterritt/D. Jones	501	Day 1 2.20 1.32	2.34 1.47	2.58 2.25	5.54	8.47 3.08	11.55
8. P. Ackland/D. Nuttall	428	Day 1 2.20 1.20	2.32 1.35	3.04 2.20	5.48	8.46 3.12	11.58
9. R. Barron/W. Kenyon	414	Day 1 2.28 1.08	2.53 1.22	3.24 2.06	6.22	9.09 2.51	12.00
10. J. Dockerty/S. Kivell	651	Day 1 2.28 1.16	2.54 1.32	3.23 2.17	6.18	8.55 3.10	12.05
11. C. Brown/J. Bell	484	Day 1 2.02 1.06	2.14 1.18	2.49 1.57	6.14	9.24 2.49	12.13
12. D. Hutchinson/D. O'Neill	466	Day 1 2.19 1.15	2.34 1.30	3.10 2.16	6.22	9.21 2.54	12.15
13. P. Ward/J. Armstrong	494	Day 1 2.13 1.10	2.37 1.25	3.09 2.05	6.46	9.24 2.53	12.17
14. R. Sansom/M. Seddon	408	Day 1 1.58 1.11	2.13 1.26	2.40 2.13	6.04	9.09 3.15	12.24
15. C. Hellely/H. White	413	Day 1 2.10 1.18	2.30 1.39	3.04 2.19	6.25	9.16 3.16	12.32
16. A. Holmes/A. Bamforth	481	Day 1 3.10 1.22	3.22 1.37	3.49 2.18	6.47	9.46 2.52	12.38
17. P. Turpin/D. Collin	473	Day 1 1.58 1.21	2.13 1.35	2.40 2.32	6.07	9.14 3.27	12.41
18. J. Foster/M. Owen	470	Day 1 2.14 1.17	2.30 1.36	3.00 2.19	6.27	9.32 3.10	12.42
19. S. Wilson/A. Westby	448	Day 1 2.26 1.17	2.40 1.34	3.13 2.15	6.19	9.25 3.22	12.47
20. S. Crockett/P. Hadin	474	Day 1 2.23 1.23	2.37 1.35	3.15 2.19	6.48	9.46 3.05	12.51
21. S. Godderidge/C. Roberts	653	Day 1 2.11 1.28	2.25 1.41	3.01 2.59	6.31	9.26 3.33	12.59
22. D. Hutton/M. Leeson	475	Day 1 2.53 1.14	3.10 —	3.43 2.21	6.45	9.56 3.06	13.02
23. M. Poulter/R. Hanna	426	Day 1 2.20 1.20	2.31 1.37	3.05 2.31	6.17	9.25 3.42	13.07

	Start Time	Checkpoints 1	2	3	Finish Time	Overall Time
24.S.Bricknell/B.Bryant	606*	Day 1	2.10	2.23	2.57	6.31
	Day 2	1.13	1.28	2.15	9.50	13.08
25.A.Peel/D.Webber	439	Day 1	2.24	2.40	3.18	6.39
	Day 2	1.23	1.39	2.17	9.55	13.09
26.G.Wolstenholme/R.Anthony	467	Day 1	2.29	2.43	3.16	6.20
	Day 2	1.33	1.53	2.37	3.51	13.17
27.D.Britton/S.Mellor	510	Day 1	2.20	2.40	3.18	6.39
	Day 2	1.24	1.40	2.32	9.55	13.30
28.J.Knifton/M.Brickell	415	Day 1	2.15	2.33	3.08	6.23
	Day 2	1.15	1.31	3.05	9.14	13.34
29.R.Logan/D.Holmes	509	Day 1	2.24	2.58	3.38	7.24
	Day 2	1.19	1.35	2.19	10.28	13.40
30.D.Coulter/S.Dubieniec	436	Day 1	3.12	3.25	3.57	7.06
	Day 2	1.20	1.35	2.22	10.31	13.50
31.T.Willis/S.Hynde	506	Day 1	2.40	2.59	3.46	7.28
	Day 2	1.22	1.41	2.25	10.24	13.51
32.J.Brownell/J.Illingworth	469	Day 1	2.21	2.34	3.11	7.20
	Day 2	1.23	1.40	2.23	10.52	14.07
33.R.Sharman/A.Crabtree	434	Day 1	2.30	2.50	3.23	7.22
	Day 2	1.21	1.38	2.29	10.45	14.12
34.C.Fletcher/J.Duffy	440	Day 1	2.19	2.31	3.11	7.29
	Day 2	1.23	1.51	2.34	10.46	14.14
35.R.Thorp/M.Rawson	602*	Day 1	2.27	2.45	3.25	7.33
	Day 2	1.23	1.39	2.33	10.36	14.20
36.M.Cameron/B.Mullerky	503	Day 1	2.35	2.48	3.21	7.05
	Day 2	1.44	2.05	2.49	10.30	14.24
37.P.Howarth/D.Howson	457	Day 1	2.19	2.35	3.27	7.33
	Day 2	1.24	1.45	2.35	10.36	14.29
38.E.Hurt/A.Williams	446	Day 1	2.10	2.28	3.04	7.13
	Day 2	1.25	1.46	2.50	10.33	14.32
40.J.Butler/I.Clark	487	Day 1	2.40	3.02	3.35	7.08
	Day 2	1.09	1.33	3.04	10.40	14.47
41.E.Potter/S.Page	607*	Day 1	2.38	2.58	3.45	7.55
	Day 2	1.37	1.57	2.49	10.52	14.55
42.P.Sanderson/J.Smith	462	Day 1	3.09	3.28	4.11	7.37
	Day 2	1.34	1.53	2.50	10.57	14.57
43.R.Coulthard/A.Coulthard	435	Day 1	2.14	2.29	3.08	7.34
	Day 2	1.41	1.58	2.44	11.10	14.59
44.R.Hatfield/R.Ashton	412	Day 1	2.39	3.10	3.53	7.23
	Day 2	1.38	1.59	2.57	10.47	14.59
45.A.Preston/P.Harrington	507	Day 1	2.39	2.59	3.34	7.30
	Day 2	1.32	—	3.02	10.53	15.04
46.A.Eaton/J.Bennett	429	Day 1	2.58	3.22	4.15	8.52
	Day 2	1.37	1.54	2.50	11.05	15.09
47.D.Siddle/G.Cargill	460	Day 1	2.37	2.51	3.28	7.06
	Day 2	1.59	2.20	3.21	10.31	15.21
48.R.Hunter/N.Gater	454	Day 1	2.23	2.53	3.34	7.35
	Day 2	1.31	1.48	2.40	11.25	15.25

	Start Time	Checkpoints 1	2	3	4	5	Finish Time	Overall Time
49.P.Bettney/V.Bettney	609*	Day 1	2.57	3.12	3.56	7.42	11.12	15.26
	Day 2	1.42	2.01	3.02	—	—	4.14	15.26
50.F.Rudland/D.Towndrow	425	Day 1	2.27	2.43	3.24	7.31	11.12	15.44
	Day 2	1.35	1.57	V.P.	—	—	4.32	15.44
51.R.Parker/J.Watson	471	Day 1	2.29	2.57	3.33	7.42	11.26	16.14
	Day 2	1.59	2.20	V.P.	—	—	4.48	16.14
52.P.Thompson/M.Thompson	613*	Day 1	3.27	3.44	4.29	8.12	11.27	16.19
	Day 2	2.05	2.28	V.P.	—	—	4.52	16.19
53.J.Hallam/D.Bagshaw	508	Day 1	2.51	3.14	3.53	8.01	11.47	16.22
	Day 2	2.01	2.28	V.P.	—	—	4.35	16.22
54.B.Burgess/P.Coughlin	416	Day 1	2.16	2.37	3.15	7.24	11.30	16.23
	Day 2	1.49	2.12	V.P.	—	—	4.53	16.23
55.G.Chapman/J.Chapman	476	Day 1	2.47	3.05	3.53	8.00	11.47	17.06
	Day 2	1.49	2.13	V.P.	—	—	5.19	17.06
56.W.Parrish/M.Rogerson	477	Day 1	3.14	3.41	4.26	7.51	11.30	17.25
	Day 2	2.23	2.45	V.P.	—	—	5.55	17.25
57.R.Bronley/R.Williamson	491	Day 1	3.03	3.18	4.08	8.13	11.58	17.47
	Day 2	2.14	2.45	V.P.	—	—	5.49	17.47
58.S.Peel/D.Morrison	445	Day 1	2.57	3.20	4.01	8.23	12.02	18.42
	Day 2	2.32	3.00	V.P.	—	—	6.40	18.42
59.P.Trainor/J.Trainor	621*	Day 1	3.20	3.37	4.23	8.31	13.10	19.03
	Day 2	2.44	V.P.	V.P.	—	—	5.53	19.03
60.D.McQue/J.Mulligan	417	Day 1	2.57	3.25	4.15	8.47	13.20	19.20
	Day 2	2.07	2.37	V.P.	—	—	6.90	19.20

RETIREMENTS AT CAMPSITE ON 2nd DAY

P. Lockhart/J.Cuthrie	480	Day 1	—	3.49	4.57	—	8.46	11.46
	Day 2	—	—	—	—	—	3.00	11.46
A.Sellbank/J.Smith	601	Day 1	2.33	2.56	3.38	7.22	10.32	—
	Day 2	2.55	Retired	—	—	—	—	—
J.Hopkins/C.Skinner	464	Day 1	2.19	2.35	3.18	6.22	9.10	—
	Day 2	Retired	—	—	—	—	—	—
M.Quinn	620	Day 1	2.50	3.04	3.45	7.21	10.58	—
	Day 2	Retired	—	—	—	—	—	—
S.Dodding/P.Bradley	406	Day 1	2.50	3.10	3.48	7.35	11.12	—
	Day 2	Retired	—	—	—	—	—	—
J.Bold/P.Ward	430	Day 1	2.31	3.41	4.17	8.32	12.04	—
	Day 2	Retired	—	—	—	—	—	—
A.Poole/R.Higginbotham	452	Day 1	2.26	2.59	3.43	8.01	12.32	—
	Day 2	Retired	—	—	—	—	—	—

RETIREMENTS DURING DAY 1.

C. Jeffs/M.Jeffs	403	Day 1	2.36	3.05	3.43	Retired	—	—
A.Lavins/J.Clark	405	Day 1	3.14	3.37	4.25	Retired	—	—
M.Shortland/L.Williams	407	Day 1	2.52	3.06	3.57	Retired	—	—
K.Foster/S.Walsh	409	Day 1	2.25	2.47	3.23	Retired	—	—
M.Featherby/D.Tebbutt	410	Day 1	3.12	3.26	4.19	8.20	Retired	—
I.Newson/K.Husband	418	Day 1	2.45	3.17	3.55	7.41	Retired	—

			Start Time	Checkpoints 1	2	3	Finish Overall Time
M.Steel/D.Steel	420	Day 1	2.05	2.17	2.50	Retired	
P.Dawson/K.Johnson	421	Day 1	2.35	2.48	3.23	Retired	
B.Maddison/K.Fazay	422	Day 1	2.24	2.58	3.33	Retired	
D.Burton/R.Brandon	423	Day 1	2.41	2.56	3.33	Retired	
D.Brackstone/D.Potter	424	Day 1	3.03	3.18	4.04	Retired	
G.Newton/P.Newton	427	Day 1	2.48	3.19	4.12	Retired	
W.Dawber/P.Scott	431	Day 1	3.06	3.25	Retired		
R.Dyson/C.Herrie	432	Day 1	2.47	3.03	3.43	Retired	
I.Loveclock/R.Youngman	433	Day 1	2.52	3.09	3.43	Retired	
R.Clemens/J.Clemens	437	Day 1	2.57	3.22	4.12	Retired	
A.Radcliffe/I.Parkinson	438	Day 1	2.40	3.05	3.52	Retired	
S.Dodgson/D.Lamb	441	Day 1	3.08	3.36	4.36	Retired	
D.Barnes/J.Barnes	442	Day 1	Retired				
D.Westgate/T.Swift	443	Day 1	3.08	3.48	Retired		
B.Deanealey/T.Allwood	444	Day 1	1.45	2.09	3.03	3.22	
I.Walton/C.Wilson	449	Day 1	3.08	3.36	4.18	Retired	
P.Page/R.Newman	450	Day 1			2.17	Retired	
J.Murphy/S.Gray	451	Day 1	3.25	3.57	Retired		
C.Moulton/D.Lawson	453	Day 1	1.58	2.12	2.46	Retired	
D.Walker/C.Carr	458	Day 1	2.21	2.35	3.13	Retired	
D.Pastley/T.Osman	463	Day 1	3.40				
M.Dudley/A.Dudley	468	Day 1	2.42	2.58	3.56	Retired	
R.Norris/D.Dewhurst	472	Day 1	3.30	—	5.17	Retired	
J.Wilson/B.Moseley	479	Day 1	3.27	3.49	4.18	Retired	
J.Bridge/M.Perry	483	Day 1	Retired				
A.Sahni/N.Forwood	486	Day 1	1.49	1.59	2.28	Retired	
M.McDonald/A.Lawton	488	Day 1	2.07	2.20	3.03	6.14	Retired
T.Vangrove/ C.Hollingsworth	489	Day 1	—	—	2.11	Retired	
I.Melville/G.Melville	492	Day 1	4.12	—	5.30	Retired	
D.Hodgson/N.Hodgson	495	Day 1	2.12	2.26	3.00	Retired	
M.Hodgson/C.Hodgson	496	Day 1	2.02	2.15	2.48	Retired	
S.Peacock/C.Chetwynd	498	Day 1	2.23	2.37	3.16	Retired	
J.Webster/B.McGuinness	500	Day 1	2.22	2.46	3.20	Retired	
I.Couch/H.Sanson	604*	Day 1	—	—	2.47		
		Day 2	1.02	1.12	2.43	Retired	
D.Shore/P.Shore	608*	Day 1	Retired				

V.P. No time but visit proven
— No time or proof available
R Retired
* Mixed team
† Ladies team

WANSFELL BACKPACKERS

1. R.Fleming/K.Herd	912*	Day 1	2.54	3.07	3.39	6.40	9.34	13.17
		Day 2	1.27	1.41	2.35		3.43	
2. D.Blinney/R.Shepherd	719	Day 1	3.03	3.18	3.56	7.16	10.10	14.18
		Day 2	1.29	1.47	2.46		4.08	
3. K.Hagley/J.Cooper	754	Day 1	3.13	3.29	4.04	7.15	10.41	14.31
		Day 2	1.42	1.58	2.48		3.50	
4. J.Nutall/D.Daves	756	Day 1	3.15	3.36	4.12	7.43	10.26	14.34
		Day 2	1.56	2.12	2.59		4.08	
5. P.Cole/P.Cole	707	Day 1	3.03	3.20	4.02	7.42	11.05	14.56
		Day 2	1.40	1.57	2.48		3.51	
6. A.Steel/M.Boler	718	Day 1	3.00	3.18	3.58	7.36	10.47	15.03
		Day 2	1.57	2.12	2.59		4.16	
7. D.Ellis/J.Emblem	724	Day 1	3.08	3.32	4.18	8.17	11.32	15.43
		Day 2	1.50	2.08	2.58		4.11	
8. D.Wheatley/D.Brown	725	Day 1	3.08	3.32	4.18	8.17	11.34	15.45
		Day 2	1.37	1.57	2.59		4.11	
9. M.Goodyer/E.Bramley	727	Day 1	3.24	3.42	4.21	7.57	11.31	15.54
		Day 2	1.46	2.08	3.09		4.23	
10. J.Marjoram/D.Ashby	736	Day 1	3.03	3.20	4.06	7.56	11.36	16.15
		Day 2	1.51	2.13	3.15		4.39	
11. G.Goldborough/ L.Goldborough	744	Day 1	3.32	4.02	4.45	8.32	11.55	16.21
		Day 2	1.49	2.09	3.08		4.26	
12. M.Parish/O.Henrikson	738	Day 1	3.17	3.37	4.18	8.16	12.00	16.52
		Day 2	1.48	2.13	3.15		4.52	
13. F.Sweeney/J.Hawkins	915*	Day 1	3.18	3.37	4.20	8.30	12.32	17.09
		Day 2	1.48	2.09	3.14		4.37	
14. J.Hammond/D.Green	753	Day 1	3.45	4.04	4.50	V.P.	12.35	17.12
		Day 2	1.44	2.06	3.14		4.37	
15. J.Stott/C.Leuchars	734	Day 1	3.49	4.04	4.59	9.29	12.54	17.16
		Day 2	1.40	2.04	3.02		4.21	
16. T.Burt/P.Saunders	732	Day 1	3.37	4.03	4.51	9.23	13.00	17.22
		Day 2	1.48	2.09	3.08		4.22	

		Start Time	Checkpoints 1	2	3	4	5	Finish Time	Overall Time
17.C.Elgan/ A.Hollingsworth	742	Day 1	2.38	3.53	4.50	9.33		13.05	
		Day 2	2.05	2.26	3.52			5.12	18.17
18.I.Jack/B.Weddington	736	Day 1	3.44	4.04	5.05	8.37		14.20	
		Day 2	2.05	2.29	3.41			5.16	19.36
19.A.Batson/I.Morris	741	Day 1	4.40	V.P.	5.56	9.40		13.45	
		Day 2	2.28	2.58	4.20			6.00	19.45
20.R.Nicholas/N.Bells	764	Day 1	3.23	3.40	4.43	9.07		13.48	
		Day 2	3.12	3.45	V.P.			7.30	21.18
S.Phillips/J.Phillips	702	Day 1	3.09	3.29	4.08	1/2 team :		Retired	
RETIREMENT DURING 1st DAY									
K.Peacock/P.Wharton	703	Day 1	2.59	3.20	4.11	Retired			
M.Pashley/S.McCoy	705	Day 1	4.05	4.33	5.30	Retired			
R.Bevan/P.Slaughter	706	Day 1	----	----	5.36	Retired			
R.Knight/G.Bell	708	Day 1	4.00	4.27	5.23	Retired			
J.Chaney/E.Spain	709	Day 1	3.06	3.21	4.21	Retired			
R.Brown/J.Murphy	710	Day 1	4.05	4.35	5.30	Retired			
J.Harrison/L.Crosley	712	Day 1	Retired						
E.Leatham/D.Roberts	713	Day 1	3.17	3.46	4.54	10.02		Retired	
G.Tudbury/A.Randell	714	Day 1	4.27		Retired				
P.Church/D.Cheetham	715	Day 1	Retired						
J.Davies/B.Tanner	716	Day 1	2.48	3.04	3.48	Retired			
P.Carter/M.Johnson	717	Day 1	3.34	4.00	4.52	Retired			
P.Johnson/D.Allport	720	Day 1	3.13	3.29	4.09	Retired			
S.Denby/P.Harrison	721	Day 1	4.02	4.32	5.30	Retired			
L.Kindley/T.Jackson	723	Day 1	4.41	5.00	6.01	10.46		Retired	
P.Coward/R.Coward	726	Day 1	Retired						
G.Deernaley/ A.Dunmore	728	Day 1	Retired						
G.Llewellyn/D.Fernie	729	Day 1	4.50	Retired					
P.Durkin/B.Ayre	730	Day 1	3.41	4.14	5.22	Retired			
M.Lloyd/A.Guest	731	Day 1	4.29	6.36	Retired				
S.Taylor/M.Slade	733	Day 1	3.49	4.05	4.59	9.23	Retired		
R.Stewart/D.Holton	740	Day 1	4.46	----	6.29	Retired			
D.Young/G.Bancroft	743	Day 1	4.39	----	6.45	Retired			
T.English/P.Carless	745	Day 1	3.50	4.16	5.20	Retired			
K.Wells/P.Wells	746	Day 1	4.02	Retired					
R.Allen/R.Brewster	747	Day 1	Retired						

		Start Time	Checkpoints 1	2	3	Finish Time	Overall Time
S.Hill/S.Day	748	Day 1	4.28	4.58	6.11	Retired	
T.Sayer/N.Gillham	749	Day 1	4.02	4.33	6.02	Retired	
D.Cox/G.Sheritt	750	Day 1	3.56	4.24	5.27	Retired	
S.Roodhouse/ D.Ellison	751	Day 1	3.31	4.04	5.04	Retired	
P.Berwick/A.Dolphin	752	Day 1	3.22	3.45	4.30	Retired	
J.Wakefield/M.Dean	755	Day 1	----	4.53	6.04	Retired	
D.Sleigh/H.Mair	757	Day 1	3.30	----	5.06	Retired	
M.Thomson/ D.Nightingale	758	Day 1	3.27	3.45	4.40	Retired	
M.McNamara/S.Farley	759	Day 1	4.31	----	6.10	Retired	
A.Hewitt/A.Dealey	760	Day 1	4.27	4.45	6.16	Retired	
	762	Day 1	Retired				
C.Cresswick/ R.Lam Mare	763	Day 1	Retired				
R.Beever/P.Beever	902*	Day 1	3.23	4.03	4.56	Retired	
C.Smith/B.Millins	903*	Day 1	2.52	Retired			
J.Savage/J.Darby	905*	Day 1	----	3.08	3.42	Retired	
G.Sara/M.Moseley	906*	Day 1	Retired				
M.Street/D.Forster	907*	Day 1	3.47	4.07	5.07	Retired	
M.Iddon/P.Robbins	908*	Day 1	4.15	4.32	5.26	Retired	
D.Cowley/W.Clayton	909*	Day 1	Retired				
M.Yates/E.Fairman	911*	Day 1	4.26	4.53	6.20	Retired	
P.Blair-Fish/ J.Armstrong	913*	Day 1	3.47	4.12	5.12	Retired	
J.Green/R.Green	914*	Day 1	4.13	4.45	Retired		
R.Proctor/J.Collins	916*	Day 1	4.28	----	6.28	Retired	
K.Lucas/L.Marshall	951†	Day 1	4.25	4.45	Retired		
C.Rishton/W.Jerams	953†	Day 1	3.56	4.17	5.22	Retired	
J.Vine/J.Bradley	954†	Day 1	5.15	Retired			
BOWFELL							
1. F.Sykes/P.Blagbrough	166	Day 1	3.36	5.05	5.24	7.22	7.55
		Day 2	1.27	2.08			4.04
2. G.Kirkbrigh/D.Healey	140	Day 1	3.50	5.22	5.41	7.40	8.05
		Day 2	1.30	2.20			4.06
3. D.Jones/N.McNicol	203	Day 1	4.03	5.23	5.39	7.39	8.07
		Day 2	1.29	2.08			4.08
4. P.Frost/P.Redhead	114	Day 1	3.42	5.07	5.34	7.32	8.02
		Day 2	1.34	2.22			4.18
5. E.Stephenson/S.Wright	308*	Day 1	4.09	5.32	5.50	7.48	8.24
		Day 2	1.26	2.13			4.15
6. M.Cuddehly/I.Blunk	309*	Day 1	4.27	5.51	6.11	8.02	8.26
		Day 2	1.39	2.21			4.30
7. B.Johnson/P.A.ell	155	Day 1	4.09	6.09	6.49	8.21	8.47
		Day 2	1.31	2.13			4.11

		Start Time			Checkpoints			Finish Overall Time	
		1	2	3	1	2	3	Time	
8. G. Dudley/B. Clough	137	Day 1 3:54	5:11	5:40	7:52	8:18	4:41	12:59	
9. C. Bland/R. Stephenson	179	Day 1 4:08	5:48	6:08	7:59	8:31	4:42	13:13	
10. M. Spence/M. Gigg	193	Day 1 3:57	5:38	6:00	8:16	8:45	4:36	13:21	
11. J. Simpson/H. Prosser	183	Day 1 4:21	5:51	6:14	8:26	8:58	4:29	13:27	
12. G. Simpson/N. Bowman	310*	Day 1 4:54	6:08	6:35	8:37	9:03	4:32	13:35	
13. J. Cousins/N. Green	186	Day 1 4:30	5:56	6:28	8:23	8:48	4:48	13:37	
14. P. Frechette/F. Frechette	107	Day 1 4:00	5:24	5:49	8:40	9:05	4:35	13:40	
15. J. Blair/F. Bond	123	Day 1 4:10	5:39	6:03	8:02	8:29	5:17	13:46	
16. N. Shepherd/O. Burrows	189	Day 1 4:30	5:59	6:19	8:38	8:59	4:53	13:52	
17. M. Tandy/P. Parker	201	Day 1 4:35	6:04	6:31	8:48	9:24	4:41	14:05	
18. A. Gray/O. Smith	190	Day 1 4:08	5:39	6:11	8:14	8:44	5:24	14:08	
19. J. Askew/R. Smith	118	Day 1 5:15	6:54	7:14	9:15	9:47	4:38	14:25	
20. J. Robinson/P. Barras	302*	Day 1 4:41	6:05	6:30	8:49	9:20	5:06	14:26	
21. J. Williams/G. Williams	130	Day 1 4:34	6:08	6:34	9:07	9:41	4:52	14:33	
22. M. Miller/M. Fairclamb	192	Day 1 4:15	5:52	6:13	8:47	9:21	5:22	14:43	
23. G. Watson/C. Wilberforce	134	Day 1 4:10	5:56	6:32	9:05	9:34	5:15	14:49	
24. P. Sutherland/P. Carmichael	143	Day 1 4:35	6:10	6:43	9:13	9:51	5:03	14:54	
25. J. Oldroyd/R. Coupland	109	Day 1 4:34	6:13	6:44	9:08	9:31	5:23	14:54	
26. W. Birch/R. Gibson	200	Day 1 4:24	5:55	6:15	8:37	9:09	5:57	15:06	
27. A. Pearson/G. Mennie	163	Day 1 4:08	5:49	6:15	9:06	9:40	5:27	15:07	
28. G. Bowen/P. Watts	173	Day 1 4:25	6:07	6:29	9:03	9:33	5:47	15:20	
29. R. Knapp/M. Regan	104	Day 1 4:42	6:10	6:43	9:34	10:01	5:22	15:23	
30. R. Burr/A. Denham	146	Day 1 4:55	6:36	7:05	9:28	10:00	5:26	15:26	
31. L. Beggshaw/P. Hanks	205	Day 1 4:21	6:07	6:36	9:06	10:05	5:24	15:29	
32. A. Halliday/J. Holding	167	Day 1 4:35	6:30	6:53	9:28	10:02	5:28	15:30	
33. M. Sherwood/A. Bell	117	Day 1 4:40	6:56	7:20	10:06	10:49	4:47	15:36	
34. C. Wharmley/D. Say	159	Day 1 4:38	6:11	6:34	9:05	9:37	5:00	15:37	
35. A. Neal/J. Neal	304*	Day 1 5:20	6:57	7:24	9:45	10:16	5:21	15:37	
36. T. Pollak/S. Hornfrey	176	Day 1 V.P.	6:44	V.P.	V.P.	10:10	5:36	15:46	
37. S. Dent/R. Price	103	Day 1 4:19	5:10	7:28	10:10	10:46	5:22	16:06	
38. K. Peart/I. Collins	113	Day 1 4:40	6:23	6:49	9:46	10:24	5:42	16:06	
39. C. Buxton/B. Apin	152	Day 1 4:54	6:51	7:13	9:46	10:27	5:41	16:08	
40. T. Ralph/D. Gibson	149	Day 1 4:36	6:17	6:44	9:34	10:13	5:58	16:11	
41. A. Howitt/E. Watson	168	Day 1 4:14	5:55	6:19	9:29	10:15	6:00	16:15	
42. D. Thomas/C. Thomas	305*	Day 1 5:03	6:38	7:01	9:40	10:16	6:33	16:49	
43. D. Adamson/G. Butler	124	Day 1 5:45	7:40	8:17	10:21	11:05	5:49	16:54	
44. M. Rose/D. Beard	125	Day 1 5:10	6:56	7:22	9:46	10:35	6:22	16:57	
45. P. Delbridge/P. Rastbrook	178	Day 1 5:02	6:55	7:21	9:57	10:39	6:23	17:02	
46. C. Townsend/C. Alinworth	204	Day 1 5:08	6:53	7:20	9:50	10:32	6:30	17:02	
47. M. Hill/J. Vaughan	174	Day 1 5:01	6:59	7:24	10:05	10:43	6:26	17:09	
48. J. Sweet/R. Costello	185	Day 1 5:07	6:52	7:16	9:51	10:27	7:02	17:29	
49. J. Garbarino/E. Gilhooly	182	Day 1 5:42	7:32	8:00	10:36	11:21	6:17	17:38	
50. J. Mearns/J. Nicholson	128	Day 1 5:12	6:54	7:22	10:25	11:05	6:38	17:43	
51. R. Holmes/R. Stephens	187	Day 1 5:03	6:58	7:21	10:28	11:15	6:41	17:56	
52. C. Thomas/S. Bondi	199	Day 1 6:52	8:35	8:56	11:28	11:59	6:24	18:23	
52. R. Perry/C. Horne	145	Day 1 6:10	8:42	9:14	11:39	12:27	6:46	19:13	
53. J. Eckertley/C. McGawley	108	Day 1 5:38	7:57	8:31	11:28	12:22	7:30	19:52	
54. C. Sawbridge/J. James	352	Day 1 5:32	7:57	8:31	11:28	12:22	7:30	19:52	
55. G. Lindley/K. Hoggood	116	Day 1 5:20	7:25	8:03	11:28	12:54	7:55	20:49	
RETIREMENT AT MID-CAMP OR 2nd DAY									
V. Lelley/D. Savage	141	Day 1 4:22	6:11	6:43	9:07	9:52			
B. Clayton-Jolly/R. McLeod	138	Day 1 4:18	6:06	6:44	9:14	10:01			
M. Hendry/D. Hendry	101	Day 1 4:42	6:24	6:53	9:41	10:20			

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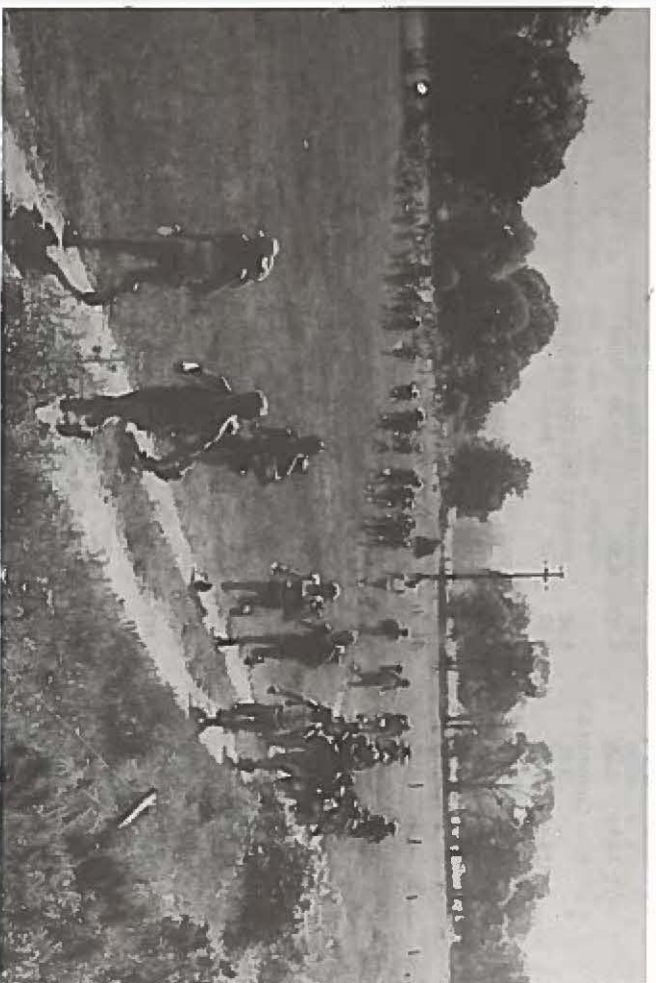
Full details of membership

from :

The National Organising Secretary

ERIC R. GURNEY, F.R.G.S.,

20 St Michaels Rd., Tilehurst, RG3 4PR,
Reading, Berkshire.



Away to the hills

The 1984 Saunders Lakeland Mountain
Marathon

A COMPETITOR –
by Chris Townsend

The evening of July 6th saw the sudden appearance of a colourful tent village in the grounds of the Braithwaite and Thornthwaite Institute in the North-West Lake District. The competitors and officials for the 7th Annual Saunders Lakeland Mountain Marathon were assembling. The hot, dry evening was spent talking and wondering about the, as yet still secret, route and also, with more concern, worrying about the weather. But not, unusually for the Lake District, whether it would be stormy but whether it would be too hot! For the marathon involves traversing the hills on a long, steep route as fast as possible whilst carrying gear for an overnight camp. Not an activity for very hot weather. There are four classes in the Saunders Mountain Marathon (hereafter referred to as the SLM) for the sake of brevity!). The KLETS Classic for solo entrants and with no specified distance but undoubtedly the toughest class, the Scatell Class 80 kilometres long, the Bowfell Class 60 kilometres long and the Wansfell Class 50 kilometres long. The Wansfell is subdivided into two: the Wansfell Backpackers on which boots must be worn as it is intended for walkers not runners and the Wansfell Fell-Runners recommended for runners attempting their first 2 day event. As neither my companion (Backpackers Club member Chris Ainsworth) nor myself had ever done a mountain marathon before we initially entered the Wansfell Fell-Runners Class. The SLM is sponsored by Robert Saunders (Chigwell Ltd., well known of course to Backpackers Club members for their tents, and planned by Ken Ledward and KLETS (Ken Ledward Equipment Testing Service) again well known to Club members for the KLETS lightweight sole, the first successful challenger to Vibram and an essential component of the lightweight boot revolution. Most checkpoints on the SLM are manned which means that the marshalls have to stay out, what-

ever the weather, for two days so who better to do this than Backpackers Club members. Thirty-eight or so club members gave up their weekends to be marshalls and to ensure the success of the event, as club members have done every year the SLM has taken place. I would like to give my thanks to them for providing this essential but sometimes thankless task.

Saturday the 7th July dawned clear and calm. It was obviously going to be hot; very, very hot. Registration began at 8.30 and here Chris and I made a fateful decision. We decided to change classes and move up into the 60 km long Bowfell Class. This done we copied down the checkpoint map reference for the two days onto our maps (though we didn't yet know which ones would apply to our class) and other essential information, such as out-of-bounds and dangerous areas. All around other shorts and T-shirt clad competitors were doing the same. We had our kit checked (there is a compulsory kit list which to a backpacker looks very minimal!) and I bought some suntan lotion. Free water bags were being provided for those who hadn't brought any containers and we were warned that the becks were either very low or dried up on the higher fells. Impatient to start we browsed amongst the gear on the Pete Bland Sports Stand. I was surprised to see entrants buying gear at this late stage, especially those who were buying and donning running shoes.

Finally at 10.30 a.m. the Bowfell Class, the largest with over 100 teams in it, began. It was totally unlike any other start to a mountain weekend I have ever experienced. I'm not used to setting off running for 2½ miles on valley tracks with a light load together with a few hundred others! Eventually we reached the first checkpoint, and the only one we had been given so far, near Thornthwaite. Here we received the rest of our checkpoints which we transferred to our maps and worked out the order in which we would do them. This was fairly obvious in

fact though there were a few route decisions to be made. Then we were off through the shady conifer plantations heading for our first checkpoint which, just to cheer everybody up was the 2791' summit of Grasmoor! In between lay Grisedale Pike and the heat began to tell during the steep and rough ascent of this peak from Grisedale Gill. The hillside was dotted with lightly clad figures as people made their own ways up the pathless slopes. Soon the summit was reached and we ran down to Coledale Hause and the cooling bliss of Gasgale Gill. This set the pattern for the day: painful, energy-sapping, incredibly hot and sweaty climbs up steep slopes followed by bone-jarring, still hot and sweaty runs down. In the heat running uphill was just impossible for most people. Refreshed by the beck we continued up the broad back of Grasmoor. Punching our cards at the checkpoint I suddenly recognised the marshall as Ron who I'd met on many Club Meets. He was wearing a fibre-pile jacket as there was a breeze on the summit, or so he said. I was so hot I couldn't feel it! A long, long run led down to Buttermere village via a checkpoint on the side of Whiteless Pike. For the first time I began to notice my surroundings. Below the jewels of Crummock Water and Buttermere shone in the sunlight whilst across the valley lay the impressive northern combs of the Red Pike-High Pike ridge. Fading into the distance were the yellow-brown parched fells, dry and dusty in the hazy air. The only trouble with the view was that I could see across to Ling Comb, high up in which lay the next checkpoint.

A pause in Buttermere for a pint of orange juice at the pub (and a free glass of applejuice from Bob Saunders. Thanks Bob!) and then all too soon we were sweating up through the fly-ridden, steep and bouldery slopes of Burness Wood before emerging onto the open heather fellside and eventually the Ling Comb checkpoint. By now the SLMC competitors were spread well out and for the rest of the day only ten or twenty were in our sight. Whether the rest were behind

or ahead of us I had no idea. A thin line of runners trickled up the scree to the main ridge before setting off for the next checkpoints which lay on the complex summit of Haystacks. We took traversing paths below the summits of Red Pike and High Stile intending to climb not one foot more than necessary. The occasional half-hearted jog was managed for a few yards but we were now resigned to trying to maintain a fast walk except on the downhill sections as it was far too hot to run. Across Ennerdale and Mosedale the Scafell's looked superb, the distinctive silhouette of the ridge etched harshly against the blue sky. From High Pike an unpleasant stone and scree slope, worsened and broken up by the feet of thousands of walkers, leads steeply down to Scarth Gap. A party of walkers were just setting off down this in a fairly gingerly manner when half a dozen or so SLMC runners charged off down it in a spray of stones and soil. The walkers looked started to say the least!

The checkpoints on Haystacks required a bit of careful navigation to locate, the first time this had been necessary. We met one runner who'd overshoot the first one coming back to it cursing his error. From Haystacks only one checkpoint remained. Unfortunately it was on the far side of the Glaramara ridge so to reach it we had to cross the slopes of Grey Knotts, descend to Seatwaite then climb all the way back up again, two thousand feet of ascent at the end of a long tiring day, a real sting in the tail and a climb that finished many entrants hopes of completing the SLMC. Seatwaite was easily reached by a run down the 'made' path by Sour Milk Gill but the climb up Glaramara on the rough path by Hind Gill was the most tiring ascent I think I've ever done. Three times I had to stop and rest feeling totally exhausted. The sun was on our backs now and I could feel it like a sledgehammer thumping the back of my head. Every step was an effort and my legs felt like lead. It took an act of willpower to keep going. I did so simply because I was so close to the overnight camp that I didn't want to lose the results

of the rest of the days effort by giving up now. Other runners (a ludicrous description now as a desperately slow stagger was all anyone could manage, I remember thinking that if this was the speed of the runners what were the backpackers doing? Crawling?) were grimly forcing their way upwards occasionally abandoning the effort to collapse on the hillside. One toppled slowly over sideways in front of me. As I passed, totally wrapped up in my own attempts to keep going, I saw him staring blankly up into the sky. Then a few minutes later he charged past me only to sit down abruptly again after a few yards. This time when I passed him he spoke. "I thought this was the top" he said, flatly and hopelessly. Not wanting to expend any effort by speaking I simply pointed ahead to figures on the gentle slopes above us. I meant to indicate that we were almost there. When I did arrive on the col between Glaramara and Comb Head I sat and waited for Chris. Few people were staying together in their pairs now as it was only possible to continue by going at ones own pace. At times this led to frustration and a few arguments occurred and it looked as though a few friendships were under threat.

But just over the ridge lay the last checkpoint of the first day from where it was downhill to the overnight camp. The pair at the checkpoint apologised for seeming too cheerful! Apparently other entrants had complained. Personally I needed all the morale boosting I could get. Miserable marshalls would hardly have helped keep me going. After a final steep downhill run a walk along Langstrath saw us reach the overnight camp site where we soon had the tent pitched and the stove lit. The site was well organised, the highpoint being the cold drinks on sale, especially the pints of milk. I was pleased at how quickly I recovered from the exertions of the day. People were arriving all the time and even after dark torch lights could be seen coming down the valley. Score cards were displayed and I read that we had come in 49th in our class in a time of 10 hours and 32 minutes. The leaders had taken 7 hours 55 minutes.  worked out that we

had walked/run about 25 miles and climbed around 14,000'. The next day would be easier for the routes had been planned so that 2/3 of the way was completed on the first day so that people could finish early on the Sunday. It was good to know that the hardest part was over.

The camp site seemed less full than the one at Braithwaite and this impression was correct for it turned out that many teams had returned to Braithwaite on the Saturday evening and that several more had failed to complete the first day and had spent the night out on the fells. So it was a much smaller group that assembled for the 8.30 a.m. start on Sunday. After a good night's sleep I felt fine and neither Chris or I ever considered giving up. Another mass start gave a two mile or so run to Longthwaite in Borrowdale where we received our checkpoints. Due to the slow times of the first day, caused by the heat, two checkpoints had been deleted from our itinerary. There were several possible routes and people were haring off in all directions. We chose to go through Johnny's Wood to Seatoller and then take the road to the top of Honister Pass. The first checkpoint was in Little Dale between Hindscarth and Robinson. To get there involved climbing Dale Head. Starting off in Johnny's Wood I was stung by a wasp on the back of the leg! Initially this swelled up and hurt but luckily it soon eased off. The pain kept me going though as it was lessened by running.

The day was again very hot and although I felt fine I noticed I was going slower than on the previous day. After descending to the Little Dale checkpoint it was necessary to climb back up and cross the shoulder of Robinson for the next checkpoint was in the valley of Sail Beck. Here the marshall pointed out that all the checkpoints were due to close soon. He had already packed his rucksack and was ready to depart. It was a grim group of six or so people who began the climb up the side of Scar Craggs heading for the Birkthwaite Beck checkpoint. To fail now on the last section would have been soul destroying. From the top of Long

Comb we were relieved to see that the tents of the checkpoint were still there. A fast run down the scree and grass soon had us there to learn from the marshalls that they were staying open longer as everyone was taking longer than usual and that the last checkpoint was unmanned. To reach it meant a long and awkward rising traverse over the steep, deep heather covered side of Outer Side to Low Moss before descending from Barrow Door down Barrow Beck to the well hidden checkpoint. Once it was located we returned to Barrow Door, ran down to Stonycroft Gill and began the walk back to Brathwaite. We arrived after a total time of 17 hours and two minutes for the two days and were placed 46th. Over half the competitors had given up due to the weather. The feeling of relief and triumph on finishing was overwhelming. However I could not stay long as I was due to catch a train north to travel overnight to Achnashellach and the North-West Highlands from where the next morning I would set out, after a night on the train, to walk to Torridon.

Mountain Marathons are unique events. I know of nothing else like them. And this year the weather for the SLM was exceptionally hot. Even so I enjoyed the event and only during the nightmarish ascent of Glaramara did I wonder what I was doing there and begin to doubt my sanity. I found it very interesting and stimulating to see if I could complete the course, find all the checkpoints and get my pack weight down to an acceptable level. In the event it weighed 14lbs (contents list below), the lightest by far I've ever carried for a weekend! It shows what you can do if you know you're going to have to run with your pack! The organisation of the SLM was very good and credit must go to Bob Saunders and his staff, Ken Ledward and the KLETS personnel and of course Tom Pape and the marshalls of the Backpackers Club, not forgetting Eric who I was pleased to see there. I would recommend the event to any backpackers who want to have a go at really pushing themselves and testing their navigation, stamina and ability

to reduce their pack weight. Don't all enter though or there'll be no-one left to marshal the 1985 Saunders Lakeland Mountain Marathon!

We each wore running shorts, Rohan Dunova Cool T-shirts and thin socks and I wore a Rohan Dunova Bandana as a sweat band whilst Chris wore a white sunhat. We also each carried maps, compasses and whistles, torches, matches and basic first aid items. I took an Olympus XA for photography. Our food consisted of trail mix and various fruit and granola bars for the days and two packets of Kellogg's Noodles for the evening meal plus coffee, sugar and dried milk. Breakfast on the Sunday consisted of 4oz muesli each. We took water bottles for use on the hill and a Field & Trek Water Bag for camp. I must have drunk several gallons each day at least.

The gear all worked but there are changes I would make. Lighter waterproofs would be useful (e.g. the Troll Marathon Suit). It is compulsory to carry them. I would have preferred a Marathon sac like Chris' as it has a chest strap and is lighter and better balanced than the Brasher Bag. If the weather had been bad I would probably have taken something heavier than the Jekyll for warmwear. Otherwise I was happy with our selection though a night of heavy rain could have caused condensation problems in the tent.

Chris Townsend

Equipment List

Team Equipment:	
Tent:	Phoenix Pinnerunner Goretex Single Hoop
Stoves:	Exogillman S7000 Cartridge Stove plus 1 Eppas Propane/ Butane 165 cartridge
Cooking:	1 two pint billy, 2 plastic mugs.
Gear:	2 spoons
Personal Equipment:	
Map:	Chris Alnmouth
Sleeping Bag:	Pointline Duck Field & Trek
Rucksack:	Berghaus Trestle-down
Breaker Bag:	Troll Marathon
Water:	Sprayway Snipe Berghaus Mistral
Goretex J.L.:	Goretex Jacket
Brasher Goretex:	Weatherwise PU Overtrouser
Warm wear:	Rohan Jekyll
Long trousers:	Rohan Jekyll
Long socks:	Rohan Jekyll
Mid foot:	Rohan Action
Footwear:	New Balance
455 Running shoes:	Reebok Challenger
	Running shoes

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